



2023 Goals and Plans Form

Ontario County Community Services Board

Goal 1: Housing: To increase housing opportunities for Ontario County residents with mental health, substance use, and developmental disabilities

Goal 2: Crisis Services: To increase access to crisis services for Ontario County residents with mental health, substance use, and developmental disabilities.

Goal 3: Workforce Retention & Recruitment: Seek and hire qualified and knowledgeable staff to meet the needs of individuals with with mental health, substance use, and developmental disabilities.

Annual and intermediate plans for addiction services:

1. Goal: To actively reduce the abuse of alcohol and other drugs/substances in Ontario County by increasing the availability and use of evidence-based Medication Assisted Treatment (MAT) services to include all patients with Alcohol dependence and Opiate dependent diagnoses.

a.) Collaborate with SUD/Prevention providers as well as other community partners/stakeholders within Ontario County such as FLACRA to promote and educate the community on its ability to provide medications such as Vivitrol, Naltrexone, Suboxone and Methadone. The Mental Health Clinic will continue to work with the clinic's MAT prescribers and OMH's OUD Capacity Building Initiative to expand MAT services within the county-operated mental health clinic.

b.) MHD will work with SUD providers and other community partners such as Ontario County Public Health to continue to offer trainings and educate community members, patients, first responders, families, providers etc., on the use of Narcan kits, as a direct result of the increase in Opioid related overdose deaths within our community.

c.) Collaborate with FLACRA, Partnership for Ontario County, CAAFL, and other stakeholders to promote and educate the community/stakeholders about harm reduction strategies and use of MAT across the County to reduce alcohol, opiates, and other substance/drug use/abuse in general.

2. Goal: To reduce the incidents of alcohol and substance abuse within Ontario County by providing recovery-focused supports to individuals with SUD and their families.

a.) MHD will continue to advertise and explore opportunities for funding and/or expansion of treatment recovery centers such as FLACRA's Connections in Canandaigua, NY, to support drop-in centers for skill building groups, peer services, recreation in an alcohol and drug free environment, wellness education, employment readiness and social activities and supports for clients and their families.

b.) MHD will continue to fund and collaborate with non-profit agencies such as the

Partnership for Ontario County to support the Substance Abuse Coalition's efforts toward recovery-focused programs like expansion of Youth Clubhouses.

Annual and intermediate plans for developmental disability services:

1. Goal: To offer a wider variety of overnight and day respite services for families that include OPWDD recipients.
 - a.) MHD will work with families and local providers, where applicable, to increase the opportunities for respite in the community, including Self-Hired Respite through OPWDD.
 - b.) MHD will assist, where applicable, in the recruitment of providers and staff that can offer a wide range of reliable Respite opportunities.

2. Goal: Become more knowledgeable and understand the role of the CCO/Health Homes for the I/DD population by inviting representatives from the CCO's to attend our I/DD subcommittee.
 - a.) To formally invite a member of a CCO, such as, Person Centered Services, to participate in the I/DD subcommittee.
 - b.) Work with OPWDD to collect data at a state level to assist in identifying what the identified needs are across the state. Utilize this data to assist to identify unmet needs on a local level for future planning.

3. Provide specialized counseling and mental health supports for people with I/DD who are experiencing mental health symptoms.
 - a. Provide specialized training on working with people with I/DD with mental health issues for staff of the clinic through relationships with community partners such as the Arc of Ontario, etc.

Annual and intermediate plans for mental health services:

1. Goal: To effectively meet the mental health treatment needs of Ontario County residents in partnership with identified community agencies. Such as through the Mental Health Clinic and in collaboration with community mental health providers.
 - a. Increase the capability, delivery of, and implementation of, telehealth services to all clinical staff, as an optional alternative to receiving therapeutic services, as well as to further develop clinic policies and protocols for delivery of these services.
 - b. Increase provider time while decreasing the waiting time for those needing to meet with a psychiatric provider including contracting with Locum Tenens services to fill open positions, filling open part/full time positions for Staff Psychiatrist and Staff Psychiatric Nurse Practitioner, and/or expansion of contract hours for telehealth services with current telepsychiatry providers in the clinic.
 - c. Continue to collaborate with Clifton Springs Hospital and Clinic for bridge services for clients of the Mental Health Clinic to avoid interruptions of medication management services, while waiting to be connected with a clinic psychiatric provider for medication treatment or consultation services.
 - d. Develop a psychiatric consultation services option within the clinic that will allow for consultation and continuation of services with primary care providers outside the clinic to increase access to psychiatric/medication services while ensuring that priority clients

of the clinic are able to be seen when needed.

e. Expand mental health services in all schools within Ontario County through school-based satellite clinics, with the potential to provide both in-person/telehealth services in the school buildings.

f. Broaden knowledge and data collection of continuous quality improvement for areas specific to, but not limited to, clients identified as high risk within the clinic and those with chemical dependency/SUD, including review of no-show rates to further develop engagement strategies, and social determinants of health, including comorbidity diagnosis and follow up.

g. Continuously evaluate the need for group treatment with varying topics such as Dialectical Behavior Treatment for adults and teens, Wellness Self-Management Group for individuals with serious mental illness, and groups for individuals with Co-occurring disorders, and when possible, collaborate and coordinate with other agencies such as CAAFL to offer parenting groups such as Triple P at the clinic.

2. To effectively meet the mental health treatment/support needs of Ontario County residents in partnership with other county departments or community-based agencies.

a. Continue to assess community needs for additional services and programs through collaborations and partnerships with county/community-based agencies such as the Suicide Prevention Coalition of Ontario County, Mental Health Association (MHA), Ontario County Public Health, Clifton Springs Hospital and Clinic, Ontario County Office of the Sheriff, Lakeview Health Services, FLACRA, FQHCs, and/or School Districts.

b. Work with Ontario County Public Health or Partnership for Ontario County, as well as other agencies, to expand access to mental health first aid education, Safe Talk, and/or Suicide ASIST to promote identification of high-risk individuals for suicide or MH or SUD.

c. Ontario County Mental Health will collaborate with FLCC and other county/community-based agencies to offer a Mental Health Symposium to school districts to promote networking/development of partnerships, information sharing about available services/supports or prevention programs for students/families with MH, SUD, and I/DD or who are survivors of suicide.

3. To reduce the stigma associated with mental health as it specifically relates to suicide, particularly in school districts.

a. Utilize the Suicide Prevention Coalition of Ontario County to promote use and expansion of the Mental Health/Suicide Crisis Lifeline or 988, as well as to offer evidence-based suicide prevention in schools and within our community via posters, memos/boards, and/or other social media venues.

b. Work with the University of Rochester to bring UR-SOS into the school districts within the county including expanding youth mental health first aid in schools.

c. Bring in the local chapter of the American Foundation for Suicide Prevention to provide Safe Talk (or Suicide ASIST) trainings to School staff and personnel.

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LGU Representative Title: Director of Community Services

Submitted for: Ontario County Community Services Board



Office of Addiction
Services and Supports

Office of
Mental Health

Office for People With
Developmental Disabilities

2023 Needs Assessment Form

Ontario County Community Services Board

Case Management/Care Coordination Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Youth Only

Need description (Optional): In OMH, there is a lack of case management services for children/youth and families in the community. Few of the HHUNY agencies in Ontario can serve children/youth, especially families with commercial/non-Medicaid insurance.

Crisis Services Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

Housing Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): There continues to be a high number of individuals and families who are homeless in the community. The waitlist for housing at all levels is below what is needed to meet the needs of the community. Since the pandemic there have been various landlords who have sold off housing units and now there are fewer available across the County.

Inpatient Treatment Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Psychiatric inpatient beds for adults and children are extremely difficult to secure for those who need it. There have been a number of cross systems cases where inpatient beds are unavailable and individuals are sent home after staying in the emergency room for days attempting to obtain a bed. Individuals are having to transfer to areas that are quite a distance from loved ones to obtain these services when they are available that is a strain on families.

Outpatient Treatment Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): The demand for outpatient services across all State agencies is high and many outpatient programs have significant waitlists for screening due to the increased need for services and the ongoing staffing shortages.

Prevention Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Need description (Optional): There is a high need for preventative services for children and families to increase resiliency and mental wellbeing and to educate and prevent substance abuse. Schools are seeing behavioral issues among students at all grade levels, but report that in UPK and elementary grades they are seeing this at a much higher level than in the past.

Residential Treatment Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

Respite Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Youth Only

Need description (Optional):

Transportation Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Need description (Optional):

Workforce Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

LGU Representative: Jessica Mitchell

Submitted for: Ontario County Community Services Board