



Goals and Objectives 2024 St. Lawrence County Community Services

Jay Ulrich, Director
(julrich@stlawco.gov)

Goal 1

Goal 1: Title Improve access to crisis services for individuals experiencing behavioral health crises across all disabilities.

Goal 1: Target Completion Date Sep 01, 2026

Goal 1: Description Our current provider of crisis services utilizes trained volunteers for telephonic response and provides mobile crisis services only from 9:00am to 11:00pm; they are not certified through OMH. Data gathered from January to June of 2023 indicates law enforcement have responded to 96% of wellness check requests.

An enhanced crisis service would include a comprehensive 24/7 mobile response, 24 hour telephonic and mobile crisis follow-up services to include peer supports and have the ability to work independently from law enforcement/EMS unless a co-response is indicated due to safety concerns or medical emergencies. Additionally, the provider of crisis services will have the capability to submit benefit claims to MMCOs for applicable services rendered.

Goal 1: OASAS? Yes Goal 1: OMH? Yes Goal 1: OPWDD? Yes

Goal 1: Need Addressed 1 Crisis Services

Goal 1: Need Addressed 2 Cross System Services

Goal 1: Need Addressed 3

Goal 1, Objective 1: Title Secure any additional funding for an enhanced, comprehensive county-wide cross-system crisis program..

Goal 1, Objective 1, Target Completion Date Dec 01, 2024

Goal 1, Objective 1, Description

Goal 1, Objective 2: Title Identify a provider capable of delivering guidance compliant crisis services to the largest, predominantly rural county in NYS.

Goal 1, Objective 2, Target Completion Date Jun 01, 2025

Goal 1, Objective 2, Description This will be accomplished through an RFP process.

Goal 1, Objective 3: Title An enhanced crisis service would include a comprehensive 24/7 mobile response, 24 hour telephonic and mobile crisis follow-up services to include peer supports and have the ability to work independently from law enforcement/EMS unless a co-response is indicated due to safety concerns or medical emergencies.

Goal 1, Objective 3, Target Completion Date Jun 01, 2026

Goal 1, Objective 3, Description

Goal 1, Objective 4: Title The provider of crisis services will have the capability to submit benefit claims to MMCOs for applicable services rendered.

Goal 1, Objective 4, Target Completion Date Jun 01, 2026

Goal 1, Objective 4, Description

Goal 1, Objective 5: Title Once established, the crisis service provider will work collaboratively with stabilization, detox, rehabilitation and housing providers.

Goal 1, Objective 5, Target Completion Date Sep 01, 2026

Goal 1, Objective 5, Description

Goal 1, Objective 6: Title The St. Lawrence County Suicide Awareness Coalition will provide continued public education about the 988 Suicide and Crisis Lifeline through the use of social media platforms, PSA's, and community events.

Goal 1, Objective 6, Target Completion Date Jun 01, 2024

Goal 1, Objective 6, Description

Goal 2

Goal 2: Title Increase access and availability of treatment and support services to individuals with co-occurring needs.

Goal 2: Target Completion Date Jan 01, 2027

Goal 2: Description This goal represents the increased need for integrated treatment, recovery, and support services across the continuum of care, as well as the need for increased training for behavioral health providers.

Goal 2: OASAS? Yes Goal 2: OMH? Yes Goal 2: OPWDD? Yes

Goal 2: Need Addressed 1 Cross System Services

Goal 2: Need Addressed 2 Housing

Goal 2: Need Addressed 3 Outpatient treatment

Goal 2, Objective 1: Title Work with local providers to secure ongoing State and Federal funding for increased housing for individuals with co-occurring disorders.

Goal 2, Objective 1, Target Completion Date Sep 01, 2025

Goal 2, Objective 1, Description Within the County there exists a significant need for more specialized supportive housing for individuals, particularly for those with co-morbid mental health and addiction diagnoses as well as those with mental health and developmental disabilities. There are currently 57 individuals on the waiting list for supportive housing services; one co-occurring individual has been on the waiting list since 2020.

Goal 2, Objective 2: Title Increase the competency of behavioral health providers in efforts to meet the clinical and community support needs of individuals with co-occurring disorders.

Goal 2, Objective 2, Target Completion Date Jan 01, 2025

Goal 2, Objective 2, Description Increase the awareness and provide State regulatory agencies' vetted evidence-based trainings to local community providers for individuals with co-occurring needs across all disabilities.

Goal 2, Objective 3: Title Launch System of Care for children services.

Goal 2, Objective 3, Target Completion Date Sep 01, 2024

Goal 2, Objective 3, Description The start-up System of Care Action Planning Workshop will be held October 2023.

Goal 3

Goal 3: Title Increase adult inpatient mental health capacity.

Goal 3: Target Completion Date Jan 01, 2026

Goal 3: Description The local 9.39 hospital that operates an adult inpatient unit is frequently at capacity resulting in patients being transferred to outlying county hospitals. This creates barriers for discharge planning, continuity of care, and transportation hardships. When long-term inpatient care is indicated, there are often significant wait-times for State PC admissions.

Goal 3: OASAS? Yes Goal 3: OMH? Yes Goal 3: OPWDD? Yes

Goal 3: Need Addressed 1 Inpatient Treatment

Goal 3: Need Addressed 2 Cross System Services

Goal 3: Need Addressed 3

Goal 3, Objective 1: Title The LGU will support increased adult inpatient capacity within the County.

Goal 3, Objective 1, Target Completion Date Dec 31, 2026

Goal 3, Objective 1, Description

Goal 4

Goal 4: Title Increase the capacity of outpatient behavioral health services.

Goal 4: Target Completion Date Jan 01, 2025

Goal 4: Description Currently all MHOTRS operating within the County have a waiting list with limited, immediate access to walk-in services. Workforce shortages are the most salient barrier to increasing outpatient capacity.

Goal 4: OASAS? No Goal 4: OMH? Yes Goal 4: OPWDD? No

Goal 4: Need Addressed 1 Outpatient treatment

Goal 4: Need Addressed 2 Workforce

Goal 4: Need Addressed 3

Goal 4, Objective 1: Title Continue to provide a dashboard of community behavioral health providers wait-times on the County Community Services website to inform the public and increase provider participation..

Goal 4, Objective 1, Target Completion Date Sep 01, 2024

Goal 4, Objective 1, Description Submitting wait times is encouraged but is voluntary; three providers are consistently participating.

Goal 4, Objective 2: Title Support and promote Federal, State, and local initiatives to increase workforce capacity.

Goal 4, Objective 2, Target Completion Date Dec 31, 2027

Goal 4, Objective 2, Description Lack of workforce is a most salient barrier to county-wide service expansion.

Goal 5

Goal 5: Title Enhance and improve emergency department discharge planning and diversion opportunities.

Goal 5: Target Completion Date Jan 01, 2026

Goal 5: Description Promote efforts to improve more comprehensive discharge planning and timely 7-day follow-up appointment for individuals being seen for emergency department behavioral health crisis evaluations for which inpatient

admission was not indicated.

Goal 5: OASAS? Yes Goal 5: OMH? Yes Goal 5: OPWDD? Yes

Goal 5: Need Addressed 1 Other

Goal 5: Need Addressed 2 Cross System Services

Goal 5: Need Addressed 3

Goal 5, Objective 1: Title Create an electronic emergency department referral system.

Goal 5, Objective 1, Target Completion Date Jul 01, 2024

Goal 5, Objective 1, Description Through the use of State Aid and OSF funding, develop an electronic referral system and processes to improve discharge planning and 7-day follow-up appointments to ensure continuity of care and timely access.

Goal 5, Objective 2: Title Explore crisis respite opportunities

Goal 5, Objective 2, Target Completion Date Dec 31, 2025

Goal 5, Objective 2, Description Collaborate with existing community-based organizations and State partners to develop a regional I/DD crisis respite model for children and adults to avoid extended stays in the emergency departments.

Goal 5, Objective 3: Title

Goal 5, Objective 3, Target Completion Date Dec 31, 2025

Goal 5, Objective 3, Description

Goal 6

Goal 6: Title Prevent opioid and other substance misuse and deaths.

Goal 6: Target Completion Date Dec 31, 2027

Goal 6: Description The County has seen a significant increase in overdoses and fatalities. In 2020, there were 47 suspected overdoses; in 2021 there were 64; in 2022 there were 112. As of August 25, 2023, there have been 104 overdoses in St. Lawrence County.

Goal 6: OASAS? Yes Goal 6: OMH? No Goal 6: OPWDD? No

Goal 6: Need Addressed 1 Prevention

Goal 6: Need Addressed 2

Goal 6: Need Addressed 3

Goal 6, Objective 1: Title Increase access to opioid reversal intervention (Narcan) through training and education across the County; specifically targeting school districts, public transportation, and convenience stores.

Goal 6, Objective 1, Target Completion Date Dec 31, 2024

Goal 6, Objective 1, Description In 2022 there were 2341 individuals that received Narcan training. We are aiming to increase the trainings by 5-10%.

Reachout



Mobile Crisis Calls ■ Involving LE*

| | Dec-22 | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sept | Oct | Nov | Dec-23 | Total | Trend |
|---------------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|-------------|-------------|-------------|-------------|-------------|-------------|---------------|-------|
| Mobile Crisis Calls | 13.00 | 44.00 | 36.00 | 37.00 | 30.00 | 37.00 | 37.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 234.00 | |
| Wellness Checks | 9.00 | 10.00 | 6.00 | 13.00 | 9.00 | 8.00 | 7.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 62.00 | |
| Involving LE* | 4.00 | 18.00 | 8.00 | 16.00 | 10.00 | 12.00 | 13.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 81.00 | |
| Total | 26.00 | 72.00 | 50.00 | 66.00 | 49.00 | 57.00 | 57.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 377.00 | |

* If police are involved without a mobile crisis counselor, it is often because a pick up order was arranged without the need for a wellness check.

Snip below taken from Psyckes depicting St. Lawrence County residents 18 years and older with a reported Social Determinant of Health Condition (Housing and Economic Circumstances)

New York State Office of Mental Health- Confidential (Contains Protected Health Information)

Recipient Search (Standard)

Search Criteria: County : Saint Lawrence And SDOH Conditions Time Period : Past 2 Years And SDOH Condition (reported in billing) : Problems related to housing and economic circumstances

Recipients Found : 181

Single Point of Access Data

- As of 7/18, 53 people were on a waiting list for Supportive Housing Services
- As of 7/18, there were 4 Community Residence openings out of 74 possible beds

OMH Vital Signs Dashboard (VSD) - Adult

The OMH Vital Signs Dashboard (VSD) visualizes the public mental health system's performance in select mental health programs and focuses on disparities in access, quality, and treatment outcomes among identified individuals with mental health needs.

Select Region, County, Network, or Agency
 Select Population
 Select System



SAINT LAWRENCE Full MH Population Vital Signs Measure Distribution from Medicaid (Adult, July 2021 - June 2022)

Note: Over 75% for measure definitions (full list in "Definitions" tab). All measures leverage Medicaid data.



Select to View Chart/Table

SAINT LAWRENCE Full MH Population Disparities by Race/Ethnicity (Adult, July 2021 - June 2022)

Standard Average Performance is Referenced to Bureau's Full MH Population Average Rate

| Measure | Population | Standard Average Performance (%) | Disparity Category | Mean Rate | Disparity | Performance | Level of Significance | High Risk Elements |
|-------------------|--------------------|----------------------------------|--------------------|-----------|-----------|-------------|-----------------------|--------------------|
| Community Support | Full MH Population | 50% | White | 53 | 3% | 53% | Not Significant | None |
| Community Support | Full MH Population | 50% | Black | 37 | -13% | 37% | Significant | None |
| Community Support | Full MH Population | 50% | Hispanic | 18.2 | -31.8% | 18.2% | Significant | None |
| Community Support | Full MH Population | 50% | Other | 39 | -11% | 39% | Not Significant | None |
| Community Support | Full MH Population | 50% | Male | 9 | -41% | 9% | Significant | None |
| Community Support | Full MH Population | 50% | Female | 127 | 25% | 127% | Not Significant | None |
| Community Support | Full MH Population | 50% | Male | 70 | 14% | 70% | Not Significant | None |
| Community Support | Full MH Population | 50% | Female | 15 | -30% | 15% | Significant | None |
| Community Support | Full MH Population | 50% | Male | 93 | 18% | 93% | Not Significant | None |
| Community Support | Full MH Population | 50% | Female | 1 | -49% | 1% | Significant | None |
| Community Support | Full MH Population | 50% | Male | 1,118 | 2,23% | 1,118% | Not Significant | None |
| Community Support | Full MH Population | 50% | Female | 12 | 22% | 12% | Not Significant | None |
| Community Support | Full MH Population | 50% | Male | 206 | 42% | 206% | Not Significant | None |
| Community Support | Full MH Population | 50% | Female | 96 | 19% | 96% | Not Significant | None |
| Community Support | Full MH Population | 50% | Male | 817 | 1,63% | 817% | Not Significant | None |
| Community Support | Full MH Population | 50% | Female | 15 | 29% | 15% | Not Significant | None |
| Community Support | Full MH Population | 50% | Male | 163 | 32% | 163% | Not Significant | None |
| Community Support | Full MH Population | 50% | Female | 166 | 33% | 166% | Not Significant | None |
| Community Support | Full MH Population | 50% | Male | 178 | 35% | 178% | Not Significant | None |
| Community Support | Full MH Population | 50% | Female | 19 | 38% | 19% | Not Significant | None |
| Community Support | Full MH Population | 50% | Male | 16 | 32% | 16% | Not Significant | None |
| Community Support | Full MH Population | 50% | Female | 33 | 66% | 33% | Not Significant | None |
| Community Support | Full MH Population | 50% | Male | 165 | 33% | 165% | Not Significant | None |
| Community Support | Full MH Population | 50% | Female | 29 | 58% | 29% | Not Significant | None |
| Community Support | Full MH Population | 50% | Male | 8 | 16% | 8% | Not Significant | None |
| Community Support | Full MH Population | 50% | Female | 179 | 35% | 179% | Not Significant | None |
| Community Support | Full MH Population | 50% | Male | 275 | 55% | 275% | Not Significant | None |



Office of Addiction
Services and Supports

Office of
Mental Health

Office for People With
Developmental Disabilities

2024 Needs Assessment Form St. Lawrence County Community Services

Crisis Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

Cross System Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

Housing Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Adults Only

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

Inpatient Treatment Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Adults Only

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

Outpatient Treatment Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

Prevention Yes

Applies to OASAS? Yes

Applies to OMH? No

Applies to OPWDD? No

Need Applies to: Youth Only

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): The LGU plans to expand Teen Intervene Programs in targeted school districts through the use of the State Opioid Settlement funds..

Residential Treatment Services Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Currently St. Lawrence County does not have any (in-county) Residential Treatment Service for the OMH and OPWDD populations. This creates both hardships and barriers for the involved families.

Respite Yes

Applies to OASAS? No

Applies to OMH? No

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

Transportation Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Although we have Medicaid transportation (MAS), SLC Public Transit System, and the Volunteer Transportation Center, there remains additional needs particularly for emergency situations. For example, when a child or youth is taken to the local 9.39 ED, the parents often have barriers getting to the hospital when lacking their own transportation. The LGU plans to use OASAS Opioid Settlement funds to expand existing transportation services.

Workforce Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Workforce shortage remains a concern across the region for all O agency programs. Some agencies are providing sign-on bonuses, others have increased salary while the payer reimbursement rates remain the same. Staff shortages increase clinician caseloads which subsequently contributes to higher levels of staff burnout.

Enhance and improve emergency department discharge planning/7-day follow-up appointments for SUD and MH individuals not being admitted for inpatient services. Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

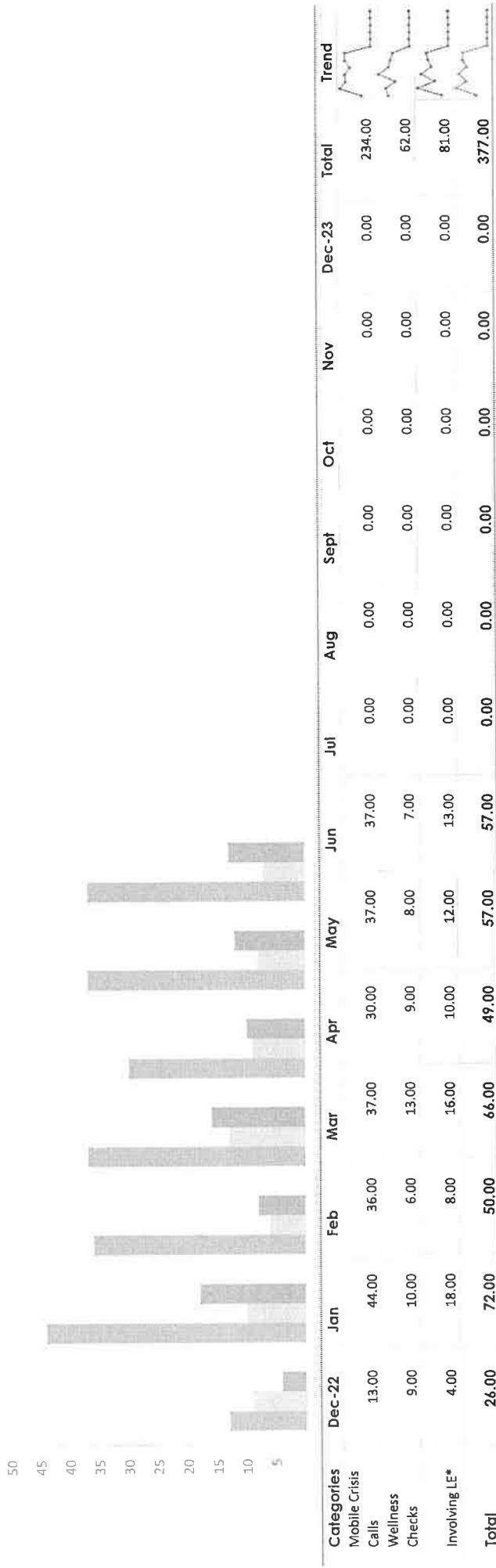
LGU Representative: Jay Ulrich

Submitted for: St. Lawrence County Community Services

Reachout



■ Mobile Crisis Calls ■ Wellness Checks ■ Involving LE*



* If police are involved without a mobile crisis counselor, it is often because a pick up order was arranged without the need for a wellness check.

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SAINT LAWRENCE Full MH Population Disparities by Race/Ethnicity (Adult, July 2021 - June 2022)

Statewide Average Performance is Referenced to Blue in the Population Average Table

| Measure | Population | Disparity Category | Statewide Average Performance (%) | Disparity Category | Performance (%) | Disparity Category | Performance (%) | Disparity Category | Performance (%) | Disparity Category | Performance (%) | Disparity Category | Performance (%) |
|-------------------|------------|--------------------|-----------------------------------|--------------------|-----------------|--------------------|-----------------|--------------------|-----------------|--------------------|-----------------|--------------------|-----------------|
| Community Support | 100% | White | 50% | White | 50% | White | 50% | White | 50% | White | 50% | White | 50% |
| Community Support | 100% | Black | 50% | Black | 50% | Black | 50% | Black | 50% | Black | 50% | Black | 50% |
| Community Support | 100% | Hispanic | 50% | Hispanic | 50% | Hispanic | 50% | Hispanic | 50% | Hispanic | 50% | Hispanic | 50% |
| Community Support | 100% | Other | 50% | Other | 50% | Other | 50% | Other | 50% | Other | 50% | Other | 50% |
| Community Support | 100% | Male | 50% | Male | 50% | Male | 50% | Male | 50% | Male | 50% | Male | 50% |
| Community Support | 100% | Female | 50% | Female | 50% | Female | 50% | Female | 50% | Female | 50% | Female | 50% |
| Community Support | 100% | Age 18-24 | 50% | Age 18-24 | 50% | Age 18-24 | 50% | Age 18-24 | 50% | Age 18-24 | 50% | Age 18-24 | 50% |
| Community Support | 100% | Age 25-34 | 50% | Age 25-34 | 50% | Age 25-34 | 50% | Age 25-34 | 50% | Age 25-34 | 50% | Age 25-34 | 50% |
| Community Support | 100% | Age 35-44 | 50% | Age 35-44 | 50% | Age 35-44 | 50% | Age 35-44 | 50% | Age 35-44 | 50% | Age 35-44 | 50% |
| Community Support | 100% | Age 45-54 | 50% | Age 45-54 | 50% | Age 45-54 | 50% | Age 45-54 | 50% | Age 45-54 | 50% | Age 45-54 | 50% |
| Community Support | 100% | Age 55-64 | 50% | Age 55-64 | 50% | Age 55-64 | 50% | Age 55-64 | 50% | Age 55-64 | 50% | Age 55-64 | 50% |
| Community Support | 100% | Age 65+ | 50% | Age 65+ | 50% | Age 65+ | 50% | Age 65+ | 50% | Age 65+ | 50% | Age 65+ | 50% |