2023 Goals and Plans Form

Steuben County Community Services

Goal 1: Prevent self harm and suicide in adults and children.

Goal 2: Prevent opioid abuse and reduce stigma related to opioid use disorder.

Goal 3: Increase inpatient options and state owned placements for individuals (especially dually diagnosed) that need psychiatric hospitalization or who are ready for discharge but unable to live independently in the community.

Goal 4 (Optional): Strengthen mental health, substance abuse, and developmental disabilities workforce recruitment and retention efforts.

Goal 5 (Optional): Increase housing and employment options for people with developmental disabilities, mental illness, and substance use disorders.

Goal 6 (Optional): Reduce alcohol, drug (especially marijuana), and e-cigarette use among youth.

Goal 7 (Optional): Increase crisis respite options for children and adults.

Goal 8 (Optional): Enhance care coordination efforts to reduce avoidable ED hospital use.

Goal 9 (Optional): Increase access to public transportation.

Annual and intermediate plans for <u>addiction</u> services:

1). Continue the expansion of Medication Assisted Treatment (MAT) via community based programs and its availability to individuals who are enrolled in treatment services while incarcerated at the county jail. 2). Increase access to affordable housing with support services for individuals who are recovering from a substance use disorder. 3). Prevention efforts with school aged students will continue for all substance use issues with an increased focus on marijuana due to legalization. 4). Further public awareness and education by holding community events, providing brochures and literature for distribution, and by creating research and fact based media posts. 5). Work in collaboration with local providers to increase the availability of peer recovery support services. 6). Collaborative efforts among law enforcement and community partners will continue to utilize ODMAP data to link individuals to treatment, peer, and other support services. 7). Members of the Steuben Prevention Coalition and its Opioid Committee will work collaboratively to identify funding sources to continue and sustain its prevention efforts. 8). Representatives from area prevention providers and Steuben County Alcohol and Substance Abuse (SCASAS) will accompany Steuben Coalition Director when meeting with local school district administrators to share results of student surveys and to provide information about available services. 9). Area provider agencies to work collaboratively to identify funding to provide mobile clinic services-Centers for treatment Innovation (COTI). 10). Identify funding sources to support peer

based recreational and social events for individuals in recovery (Adventures in Recovery- AIR).

Annual and intermediate plans for <u>developmental disability</u> services:

1). Increase availability of Self-Directed Services to assist individuals with developmental disabilities in accessing housing and employment opportunities within the community. 2). Expand housing options by assisting individuals to live in their own apartment/home with added supports. 3). Individuals with developmental disabilities will develop job skills and work experience needed to transition to integrated employment through making community service and volunteer work part of career exploration. 4). Efforts will continue to be made to increase the number of employment opportunities through local businesses. 5). Marketing approaches will be researched and utilized to ensure families and non OPWDD providers are aware of available services and how to access such services. 6). The ARC of Allegany Steuben will continue to provide employment services for individuals who are unable to be competitively employed in the community. 7). Local providers to work together in advocacy efforts requesting OPWDD create crisis outreach and respite services for individuals with I/DD who are experiencing a mental health crisis. 8). Advocacy efforts are needed requesting OPWDD provide more options for individuals that need psychiatric hospitalization. Likewise, more options of state owned locations need to be available when individuals cannot be placed otherwise.

Annual and intermediate plans for mental health services:

1). Utilize OMH and other funding sources to support community based crisis response and bridger care management services. 2). Work in collaboration with the regional call center to promote use of 988 Suicide and Crisis Lifeline. 3). Utilize OMH and other funding sources to add peer support services and short-term mental health counseling to the (SCCMHC) crisis outreach program to provide sustained engagement and crisis stabilization supports. 4). Work with local hospitals, law enforcement agencies, and OMH to alleviate the challenges we face in accessing inpatient psychiatric care for individuals in need. 5). Increase collaborative efforts with local and regional providers to reduce cross system treatment and service delivery barriers many dually diagnosed individuals face when seeking psychiatric care. 6). Make Assertive Community Treatment (ACT) services available to children 10 to 21 years of age. 7). Continue suicide prevention efforts by increasing the number of Safe-TALK alertness trainings available to the community and local school districts. 8). Increase service availability and educate consumers regarding how to access Community Oriented Recovery and Empowerment (CORE), Home and Community Based Services (HBCS), and Home Based Crisis Intervention (HBCI). 9). Increase access to affordable housing with support services for individuals who are living with mental illness and research enhanced supportive options for those that need it. 10). Coordinate service efforts with CASA-Trinity who runs our regional Intensive Crisis Stabilization Center located in Chemung County. 11). Increase access to crisis respite options for adults and children (especially under the age of 12). 12). Local care management and other community based providers will work collaboratively to reduce avoidable ED hospital use.

LGU Representative Name: Henry Chapman LGU Representative Title: Director Of Community Services Submitted for: Steuben County Community Services

2023 Needs Assessment Form

Steuben County Community Services

Crisis Services Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Need description (Optional):

Cross System Services Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Need description (Optional):

Housing Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Adults Only Need description (Optional):

Inpatient Treatment Yes

Applies to OASAS? No
Applies to OMH? Yes
Applies to OPWDD? Yes
Need Applies to: Both Youth and Adults
Need description (Optional):

Prevention Yes

Applies to OASAS? Yes
Applies to OMH? Yes
Applies to OPWDD? No
Need Applies to: Both Youth and Adults
Need description (Optional):

Respite Yes

Applies to OASAS? No Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Need description (Optional): **Transportation** Yes

Applies to OASAS? Yes Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

Workforce Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

LGU Representative: Henry Chapman

Submitted for: Steuben County Community Services