



Goals and Objectives 2024 Putnam County Mental Health Services

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Goal 1

Goal 1: Title Reduce behavioral health crises in the community.

Goal 1: Target Completion Date Jun 01, 2026

Goal 1: Description Our goal is to create a comprehensive response system that is trauma informed, meets the appropriate level of need, and is easy to navigate and access. While there has been some improvement with the historical challenge of navigating various silo funding sources from the NYS "O" agencies, we continue to be challenged in creating a single, comprehensive and responsive behavioral health crisis system. The number of persons appearing with behavioral health crises in the community has increased at a precipitous rate. What was once a rarity is a daily occurrence. Most of these events end up with law enforcement intervention.

Goal 1: OASAS? Yes Goal 1: OMH? Yes Goal 1: OPWDD? Yes

Goal 1: Need Addressed 1 Crisis Services

Goal 1: Need Addressed 2

Goal 1: Need Addressed 3

Goal 1, Objective 1: Title Establish a Supportive Crisis Stabilization Center.

Goal 1, Objective 1, Target Completion Date Dec 31, 2023

Goal 1, Objective 1, Description Putnam County has committed \$2.5 million dollars to help establish a supportive crisis stabilization center. The stabilization center will be a resource to residents interfacing with law enforcement due to their illness/symptoms, for those seeking to begin recovery from substance use, and will serve as a diversion to the emergency department for a behavioral health crisis.

Goal 1, Objective 2: Title Establish a co-response team.

Goal 1, Objective 2, Target Completion Date Dec 31, 2023

Goal 1, Objective 2, Description In 2022, about 1/3 of the individuals presenting to the 9.39 hospital in crisis were admitted to a psychiatric unit. A co-response team will increase community safety, increase officer safety, and increase safety for people in crisis. Most importantly, it will decrease the number of individuals exposed to the trauma of being in an emergency department during a crisis. A co-response team will allow for individual follow up and a team to bridge the gap of connecting with services.

Goal 1, Objective 3: Title Establishment of crisis residential opportunities for those with intellectual/developmental disabilities.

Goal 1, Objective 3, Target Completion Date Dec 31, 2024

Goal 1, Objective 3, Description Persons with IDD in behavioral health crises are taken to the emergency department of the 9.39 receiving hospital and very often end up sitting in the ED/admitted to psychiatry for extended periods of time. A crisis residential option is necessary for these individuals so that intolerably long, unnecessary stays in a hospital that is ill equipped to behaviorally assist the individual, are avoided. In general, there is a clear lack of respite/crisis stabilization resources for this population that often leads to inappropriate use of psychiatric hospitalization and/or lengthy hospitalizations.

Goal 1, Objective 4: Title Establish a mobile crisis team.

Goal 1, Objective 4, Target Completion Date Dec 31, 2024

Goal 1, Objective 4, Description Putnam County has no mobile crisis intervention services. As a result, law enforcement are often tasked with de-escalating an individual in crisis. While the county continues to train officers in crisis intervention, a mobile crisis team would supplement these efforts.

Goal 2

Goal 2: Title To increase staff effectiveness in providing quality evidence based programs, including implementation support to ensure fidelity.

Goal 2: Target Completion Date Dec 31, 2025

Goal 2: Description Many providers have limited/lack of Psychiatrist/Nurse Practitioners. While telehealth has been an important addition to services, the need for in person treatment remains a priority for our population. The pandemic impacted workforce as some have left the field contributing to the significant workforce issues especially for direct services, leading to

underserved populations. Putnam County continues to see wait lists for therapy and medication management appointments for both the adult and adolescent population.

Goal 2: OASAS? Yes Goal 2: OMH? Yes Goal 2: OPWDD? No

Goal 2: Need Addressed 1 Workforce

Goal 2: Need Addressed 2 Outpatient treatment

Goal 2: Need Addressed 3

Goal 2, Objective 1: Title Increase the delivery of in person community services.

Goal 2, Objective 1, Target Completion Date Dec 31, 2025

Goal 2, Objective 1, Description Access to outpatient mental health services continues to be a concern to the county LGU as we continue to struggle with significant waiting lists throughout the county. This has been a major obstacle especially when discharging from an inpatient psychiatric admission. The LGU continues to partner with providers to explore process improvements, best practice models and coordination of services.

Goal 2, Objective 2: Title Expand treatment capacity in agencies who are providing services.

Goal 2, Objective 2, Target Completion Date Dec 31, 2025

Goal 2, Objective 2, Description As the increased awareness of mental health symptoms in children and adults continues post pandemic, many are eager/need to engage in treatment. We continue to explore various funding opportunities and provide updated information on loan forgiveness programs, tuition reimbursement and other incentives available via the state/federal government that contributes to staff hiring and retention.

Goal 3

Goal 3: Title Improve the System of Care to be adept at addressing challenges of co-occurring disorders.

Goal 3: Target Completion Date Dec 31, 2024

Goal 3: Description Putnam County's System of Care continues to address issues that impact outcomes for children, adolescents, adults and families. Recently Putnam embarked on an intensive planning effort to improve outcomes for individuals experiencing co-occurring mental health and substance abuse challenges. With the goal of providing person-centered, wraparound planning for individuals/families with complex needs, the LGU will utilize Opioid abatement and local funds to create necessary positions within the LGU.

Goal 3: OASAS? Yes Goal 3: OMH? Yes Goal 3: OPWDD? Yes

Goal 3: Need Addressed 1 Workforce

Goal 3: Need Addressed 2 Cross System Services

Goal 3: Need Addressed 3

Goal 3, Objective 1: Title Increase staffing at the LGU.

Goal 3, Objective 1, Target Completion Date Mar 01, 2024

Goal 3, Objective 1, Description The number of LGU staff able to address the co-occurring system of care effort is inadequate.



Office of Addiction
Services and Supports

Office of
Mental Health

Office for People With
Developmental Disabilities

2024 Needs Assessment Form Putnam County Mental Health Services

Crisis Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

Cross System Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

Outpatient Treatment Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

LGU Representative: Sara Servadio

Submitted for: Putnam County Mental Health Services