



Office of Addiction
Services and Supports

Office of
Mental Health

Office for People With
Developmental Disabilities

2023 Goals and Plans Form

Nassau County Office of Mental Health, Chemical Dependency & Developmental Disabilities Services

Goal 1: Workforce

Goal 2: Housing

Goal 3: Crisis Services

Goal 4 (Optional): Forensics

Goal 5 (Optional): Case Management/ Care Coordination

Goal 6 (Optional): Inpatient Treatment

Goal 7 (Optional): Refugees and Immigration

Goal 8 (Optional): Respite

Goal 9 (Optional): Non-Clinical Supports

Goal 10 (Optional): Transportation

Annual and intermediate plans for addiction services:

Nassau County Department of Human Services, Office of Mental Health, Chemical Dependency and Developmental Disabilities Services was awarded a multi-million-dollar opioid settlement. A Request for Expression of Interest (RFEI) has been proposed to address the opioid epidemic and substance use challenges endured by Nassau County residences. The RFEI is intended to award multiple contracts, over a four-year sustainability period to address areas in Treatment and Recovery, Education, Prevention, and Supports to meet legislature requirements. Expected program implementation targeted for 2023.

Annual and intermediate plans for developmental disability services:

Nassau County, LGU, continues to explore opportunities to help strengthen the collaborative relationship with NYS-Office of People with Developmental Disabilities (NYS-OPWDD). Currently NYS-OPWDD manages and coordinates all services without the inclusion of the LGU in its coordination of services.

Often families outreach to the LGU for guidance and assistance in navigating the system of care for their loved ones, unfortunately, the LGU is limited to the assistance it can provide. As a result, Nassau County has created a care coordination pilot program design to assist providers and families in accessing services through OPWDD. Coordination services includes consultation, advocacy, outreach, education and access to direct services.

Areas of ongoing concern includes addressing the needs of comorbidities within the systems.

Annual and intermediate plans for mental health services:

Nassau County implemented American Rescue Plan Recovery Funds to be accessed by Community Based Organizations to assist with the impact of the COVID Pandemic.

Nassau County was granted by NYS OMH an expansion to the Forensic ACT Services by 20 slots and added a new Youth Act Team. The Youth Act teams serves ages 10 to 21.

NYS OMH awarded one of Nassau County's CBOs, funds to establish a Crisis Stabilization Center. The Crisis Stabilization Center includes collaborative efforts with other community-based organizations in developing a centralized system.

Nassau County new police reform initiative incorporates Mobile Crisis Team to assist in deescalating calls relating to mental health crisis. The Office has developed a partnership with the 911 Call Center and several police precincts.

LGU Representative Name: Omayra Perez

LGU Representative Title: Director of Community Services

Submitted for: Nassau County Office of Mental Health, Chemical Dependency & Developmental Disabilities Services



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2023 Needs Assessment Form

Nassau County Office of Mental Health, Chemical Dependency & Developmental Disabilities Services

Adverse Childhood Experiences Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Recent research has begun to focus on the increase rate of adverse childhood experiences potentially worsening during the COVID pandemic. Preliminary recommendations of a few research studies outline the need for further investments in youth service systems. There is also special attention paid to the impact of the pandemic on communities of color.

Case Management/Care Coordination Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Nassau County has seen an increased need for Care Coordination Services which has been exacerbated by work force retention and recruitment. OPWDD Care Coordination has also seen an increase in non-Medicaid Care Coordination.

Crisis Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Crisis services across systems have experience difficulties maintaining staff and recruiting staff.

Cross System Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

Forensics Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Adults Only

Need description (Optional): Nassau County continues to see an increase in Forensic 730.30 exams, 49 exams have been completed thus far. Restorative services through July of 2022 include 23 individuals

The majority of these individuals received services for consecutive months, 7 individuals received services over a 6 month period.

Housing Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): The wait list for MH housing in Nassau County continues to increase primarily due to lack of available housing, staffing, and special needs. Special needs include behavioral support, medical support, and assistant those residents who need to age in place. OPWDD also experiences an increased need for housing.

Inpatient Treatment Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Nassau County continues to struggle to expand inpatient beds.

Non-Clinical Supports Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): CBO continue to struggle meeting OASAS 822 guidance regarding hiring peer supports.

Prevention Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Youth Only

Need description (Optional):

Problem Gambling Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Adults Only

Need description (Optional):

Refugees and Immigrants Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Need description (Optional): Nassau County anticipates an increase of refugees and immigrants as historically experienced. Our region has historically been an arrival point for Latino immigrants, especially from Central America.

Respite Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Nassau County is seeing an increase in need in respite services. Due to COVID 19 and the need for private or isolation rooms, the number of beds available has have decreased yet the need for respite service has steadily increase. Another obstacle affecting respite services includes staff retention and recruitment, this is particularly difficult as these programs operate on a 24-hour basis.

Transition Age Services Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Youth Only

Need description (Optional):

Transportation Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Adults Only

Need description (Optional): Nassau County has a complex transportation system, and residents dealing with addiction and mental health issues are often afflicted with financial problems making it difficulty accessing care to treatment.

Workforce Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Community based organization are struggling to retain staff and recruit staff.

LGU Representative: Omayra Perez

Submitted for: Nassau County Office of Mental Health, Chemical Dependency & Developmental Disabilities Services