



Goals and Objectives 2024
Nassau County Office of Mental Health,
Developmental Disabilities Services & Chemical Dependency

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Goal 1

Goal 1: Title Workforce Recruitment and Retention

Goal 1: Target Completion Date Jun 30, 2027

Goal 1: Description Workforce retention continues to be an ongoing issue as reported by various community-based organizations. It has been shared that many potential hires are longer for positions that are remote based or a hybrid model. The majority of the services provided require in person interaction.

Goal 1: OASAS? Yes Goal 1: OMH? Yes Goal 1: OPWDD? No

Goal 1: Need Addressed 1 Workforce

Goal 1: Need Addressed 2 Housing

Goal 1: Need Addressed 3 Crisis Services

Goal 1, Objective 1: Title Workforce Recruitment and Retention

Goal 1, Objective 1, Target Completion Date Jun 30, 2027

Goal 1, Objective 1, Description The LGU will continue to assess for any barriers to services as a result of workforce shortage and the resulting effect on our system of care. Will explore community provider interest in establishing an ad hoc committee to address this goal.

Goal 1, Objective 2: Title Workforce Recruitment and Retention

Goal 1, Objective 2, Target Completion Date Jun 30, 2027

Goal 1, Objective 2, Description The LGU will monitor staffing levels during the annual assessment/audit period.

Goal 2

Goal 2: Title Housing

Goal 2: Target Completion Date Jun 30, 2027

Goal 2: Description Affordable housing in Nassau County remains problematic for the majority of constituents. Existing homes are not sufficient enough to address the growing need for shelter. Over the past few years, there has been an influx of individuals and families seeking housing coming from Central America. Many of our housing providers are challenged by regulatory rules limiting the number of sites that can be built. In addition, communities requiring variances have been unsuccessful to pass due to the fear of bring down the value of communities. A wait list for MH housing in Nassau County continues to increase primarily due to a lack of availability of housing, staffing and special needs. Special needs include behavioral supports, medical and assisting those residents who are aging in place. OPWDD also experiencing an increased need for housing.

Nassau County Data:

Goal 2: OASAS? Yes Goal 2: OMH? Yes Goal 2: OPWDD? Yes

Goal 2: Need Addressed 1 Housing

Goal 2: Need Addressed 2

Goal 2: Need Addressed 3

Goal 2, Objective 1: Title Housing

Goal 2, Objective 1, Target Completion Date Jun 30, 2027

Goal 2, Objective 1, Description The LGU will continue to advocate for additional funding to enhance the SPA housing program within Nassau County. Inclusive of the various housing levels such as community residence, supported housing, apt treatment and family units.

Nassau County Data:

- Currently there are 1,297 applicants on NC mental health housing waiting list.
• Wait time for the low priority applicants is very long.
• Demands for CR-SRO type of housing is very high, yet NC only has 50 CR-SRO beds.
• Despite growing needs for additional mental health beds in Nassau County no further housing bed have been added to the

system since 2020 for Community Residence, Single Room Occupancy, and Apartment Treatment where the need is tremendous.

- Nassau County Supported Housing capacity was increased only by 31 additional beds since 2020.
- According to Psyckes there were 30 recipients with Homelessness Flag among high need/risk consumers served in the past 12-month by Nassau County mental health outpatient providers.
- According to Psyckes there were 271 recipients with Homelessness Flag among mental health consumers served in the past 12-month by Nassau County OMH outpatient mental health

### Goal 3

Goal 3: Title Crisis's Services

Goal 3: Target Completion Date Jun 30, 2027

Goal 3: Description NYS OMH awarded one of Nassau County CBO's, funds to establish an Intensive Crisis Stabilization Center. The ICSC includes collaborative efforts with other community-based organization in developing a centralized system.

Goal 3: OASAS? Yes Goal 3: OMH? Yes Goal 3: OPWDD? No

Goal 3: Need Addressed 1 Crisis Services

Goal 3: Need Addressed 2

Goal 3: Need Addressed 3

Goal 3, Objective 1: Title Crisis Services

Goal 3, Objective 1, Target Completion Date Jun 30, 2027

Goal 3, Objective 1, Description Elements of the ICSC plan includes partnering with the mobile crisis team, respite housing, hospitals and local police. The goal is to gather key stakeholders in the community to provide a wrap-around network of services to address the overall needs of the individual. The ICSC was awarded to CN Guidance and is expected to start at the end of 2023, beginning 2024.

### Goal 4

Goal 4: Title Forensics Services

Goal 4: Target Completion Date Jun 30, 2027

Goal 4: Description Nassau County continues to see an increase in 730 exams. Nassau County would like to modify the annual expense for restorative services.

Goal 4: OASAS? No Goal 4: OMH? Yes Goal 4: OPWDD? No

Goal 4: Need Addressed 1 Forensics

Goal 4: Need Addressed 2 Other

Goal 4: Need Addressed 3

Goal 4, Objective 1: Title Forensics

Goal 4, Objective 1, Target Completion Date Jun 30, 2027

Goal 4, Objective 1, Description Discuss with NYS OMH how to improve communication and collaboration with State Psychiatric Hospitals regarding the length of stay for individuals in need of restorative services.

Nassau County Data:

In 2022 a total of 56 exams were ordered. 2022 costs were \$4,200,132.13

In 2023, exams conducted so far is a total of 55.

Goal 4, Objective 2: Title Increase LGU funding for Assisted Outpatient Treatment Program

Goal 4, Objective 2, Target Completion Date Jun 30, 2027

Goal 4, Objective 2, Description Nassau County's AOT Program has grown significantly. Nassau County is in need of additional staff and psychiatric time.

Nassau County Data:

In 2013 NC average number of AOT active petitions were 146 cases. Currently the average number of AOT active petitions in the county stands at 359. Which represents a significant increase in the expansion of the AOT program and services.

As a result the number of AOT evaluations has increased substantially. Last year alone NC AOT program scheduled 429 AOT evaluations and completed 372 evaluations.

As AOT program expands it puts tremendous demands on the office workforce and resources. Currently 43% of our staff are involved with and contribute to the AOT services at different level.

### Goal 5

Goal 5: Title Case Mangement/Care Coordination

Goal 5: Target Completion Date Jun 30, 2027

Goal 5: Description Increase in funding for Non-Medicaid Care Coordination Services. Nassau County has a need for Non-Medicaid care coordination for individuals that do not qualify for Health Home services. Access to care coordination services is delayed due to no available slots and a rev• According to Psyckes only 16.7% of mental health consumers that received by mental health outpatient providers in the past 12 months had care coordination services as well.

- According to Psyckes 43.4% of Nassau County eligible population for Health Home Plus are not enrolled in Health Home

care coordination.

- According to Psyckes 65.8% of Nassau County eligible population for Health Home Plus had no Health Home services in the past 12 months.
- According to Psyckes 71.6% of Nassau County eligible population for Health Home Plus had no Health Home services in the past 3 months.
- According to Psyckes among Nassau County adult HARP population enrollees 66.5% are not enrolled in Health Home care coordination.

Goal 5: OASAS? No Goal 5: OMH? Yes Goal 5: OPWDD? No

Goal 5: Need Addressed 1 Case Management/Care Coordination

Goal 5: Need Addressed 2

Goal 5: Need Addressed 3

Goal 5, Objective 1: Title Non-Medicaid Care Coordination

Goal 5, Objective 1, Target Completion Date Jun 30, 2027

Goal 5, Objective 1, Description Continue dialogue with OMH Field Office and explore opportunities for reallocating unused funds. However, options are limited due to funding restrictions which do not allow for allocations to non-Medicaid care coordination.

Goal 5, Objective 2: Title Health Home Utilization

Goal 5, Objective 2, Target Completion Date Jun 30, 2027

Goal 5, Objective 2, Description Explore why eligible Health Home recipients are not receiving services. Data for Nassau County reflect the following:

- According to Psyckes only 16.7% of mental health consumers that received mental health outpatient in the past 12 months had care coordination services as well.
- According to Psyckes 43.4% of Nassau County eligible population for Health Home Plus are not enrolled in Health Home care coordination.
- According to Psyckes 65.8% of Nassau County eligible population for Health Home Plus had no Health Home services in the past 12 months.
- According to Psyckes 71.6% of Nassau County eligible population for Health Home Plus had no Health Home services in the past 3 months.
- According to Psyckes among Nassau County adult HARP population enrollees 66.5% are not enrolled in Health Home care coordination.

## Goal 6

Goal 6: Title Opioid Crisis

Goal 6: Target Completion Date Jun 30, 2027

Goal 6: Description Nassau County's opioid use and fatalities continues on an upward trend. Nassau County will be awarding through a Request for Expressions of Interest, multiple awards to several community organizations.

Goal 6: OASAS? Yes Goal 6: OMH? No Goal 6: OPWDD? No

Goal 6: Need Addressed 1 Other

Goal 6: Need Addressed 2

Goal 6: Need Addressed 3

Goal 6, Objective 1: Title Opioid Crisis

Goal 6, Objective 1, Target Completion Date Jun 30, 2027

Goal 6, Objective 1, Description Work collaboratively with future awardees of the Opioid Response RFEI to establish services to address the opioid upward trends in Nassau County.



Office of Addiction  
Services and Supports

Office of  
Mental Health

Office for People With  
Developmental Disabilities

**2024 Needs Assessment Form  
Nassau County Office of Mental Health,  
Chemical Dependency & Developmental Disabilities Services**

**Adverse Childhood Experiences** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Recent research has begun to focus on the increase rate of adverse childhood experiences potentially worsening during the COVID pandemic. Preliminary recommendations of a few research studies outline the need for further investments in youth services. There is also special attention paid to the impact of the pandemic on communities of color.

**Case Management/Care Coordination** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**Crisis Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**Cross System Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**Forensics** Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Adults Only

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**Housing** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**Inpatient Treatment** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**Non-Clinical Supports** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Nassau County CBO's continue to struggle meeting OASAS 822 guidance regarding hiring peer supports,

**Prevention** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Youth Only

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Nassau County continues to advocate for community based prevention entities and schools to increase efforts in prevention activities.

**Problem Gambling** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Adults Only

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Nassau County continues to advocate for community based prevention entities and schools to address gambling concerns.

**Refugees and Immigrants** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**Respite** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Nassau County is seeing an increase in need in respite services. Another obstacle affecting respite services includes staff retention and recruitment. This is particularly difficult as these programs operate on a 24 hour basis.

**Transition Age Services** Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Youth Only

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Nassau County works with transitioning youth through adolescent and youth CBO's which specially identify if an adolescent would require additional supports as they transition from child servicing system to an adult system of care.

**Transportation** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Adults Only

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**Workforce** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Community based organizations are struggling to retain staff and recruit individuals..

**LGU Representative:** Omayra Perez

**Submitted for:** Nassau County Office of Mental Health, Chemical Dependency & Developmental Disabilities Services