# Goals and Objectives 2024-2027 Putnam County Mental Health Services

Sara Servadio, Deputy Commissioner (Sara.Servadio@putnamcountyny.gov)

#### Goal 1

Goal 1: Title Reduce behavioral health crises in the community.

Goal 1: Target Completion Date Jun 01, 2026

Goal 1: Description Our goal is to create a comprehensive response system that is trauma informed, meets the appropriate level of need, and is easy to navigate and access. While there has been some improvement with the historical challenge of navigating various silo funding sources from the NYS "O" agencies, we continue to be challenged in creating a single, comprehensive and responsive behavioral health crisis system. The number of persons appearing with behavioral health crises in the community has increased at a precipitous rate. What was once a rarity is a daily occurrence. Most of these events end up with law enforcement intervention.

Goal 1: OASAS? Yes Goal 1: OMH? Yes Goal 1: OPWDD? Yes

Goal 1: Need Addressed 1 Crisis Services

Goal 1: Need Addressed 2 Goal 1: Need Addressed 3

Goal 1, Objective 1: Title Establish a Supportive Crisis Stabilization Center.

Goal 1, Objective 1, Target Completion Date Dec 31, 2023

Goal 1, Objective 1, Description Putnam County has committed \$2.5 million dollars to help establish a supportive crisis stabilization center. The stabilization center will be a resource to residents interfacing with law enforcement due to their illness/symptoms, for those seeking to begin recovery from substance use, and will serve as a diversion to the emergency department for a behavioral health crisis.

Goal 1, Objective 2: Title Establish a co-response team.

Goal 1, Objective 2, Target Completion Date Dec 31, 2023

Goal 1, Objective 2, Description In 2022, about 1/3 of the individuals presenting to the 9.39 hospital in crisis were admitted to a psychiatric unit. A co-response team will increase community safety, increase officer safety, and increase safety for people in crisis. Most importantly, it will decrease the number of individuals exposed to the trauma of being in an emergency department during a crisis. A co-response team will allow for individual follow up and a team to bridge the gap of connecting with services.

Goal 1, Objective 3: Title Establishment of crisis residential opportunities for those with intellectual/developmental disabilities.

Goal 1, Objective 3, Target Completion Date Dec 31, 2024

Goal 1, Objective 3, Description Persons with IDD in behavioral health crises are taken to the emergency department of the 9.39 receiving hospital and very often end up sitting in the ED/admitted to psychiatry for extended periods of time. A crisis residential option is necessary for these individuals so that intolerably long, unnecessary stays in a hospital that is ill equipped to behaviorally assist the individual, are avoided. In general, there is a clear lack of respite/crisis stabilization resources for this population that often leads to inappropriate use of psychiatric hospitalization and/or lengthy hospitalizations.

Goal 1, Objective 4: Title Establish a mobile crisis team.

Goal 1, Objective 4, Target Completion Date Dec 31, 2024

Goal 1, Objective 4, Description Putnam County has no mobile crisis intervention services. As a result, law enforcement are often tasked with de-esculating an individual in crisis. While the county continues to train officers in crisis intervention, a mobile crisis team would supplement these efforts.

#### Goal 2

Goal 2: Title To increase staff effectiveness in providing quality evidence based programs, including implementation support to ensure fidelity.

Goal 2: Target Completion Date Dec 31, 2025

Goal 2: Description Many providers have limited/lack of Psychiatrist/Nurse Practitioners. While telehealth has been an important addition to services, the need for in person treatment remains a priority for our population. The pandemic impacted workforce as some have left the field contributing to the significant workforce issues especially for direct services, leading to

underserved populations. Putnam County continues to see wait lists for therapy and medication management appointments for both the adult and adolescent population.

Goal 2: OASAS? Yes Goal 2: OMH? Yes Goal 2: OPWDD? No.

Goal 2: Need Addressed 1 Workforce
Goal 2: Need Addressed 2 Outpatient treatment

Goal 2: Need Addressed 3

Goal 2, Objective 1: Title Increase the delivery of in person community services.

Goal 2, Objective 1, Target Completion Date Dec 31, 2025

Goal 2, Objective 1, Description Access to outpatient mental health services continues to be a concern to the county LGU as we continue to struggle with significant waiting lists throughout the county. This has been a major obstacle especially when discharging from an inpatient psychiatric admission. The LGU continues to partner with providers to explore process improvements, best practice models and coordination of services.

Goal 2, Objective 2: Title Expand treatment capacity in agencies who are providing services.

Goal 2, Objective 2, Target Completion Date Dec 31, 2025

Goal 2, Objective 2, Description As the increased awareness of mental health symptoms in children and adults continues post pandemic, many are eager/need to engage in treatment. We continue to explore various funding opportunities and provide updated information on loan forgiveness programs, tuition reimbursement and other incentives available via the state/federal government that contributes to staff hiring and retention.

#### Goal 3

Goal 3: Title Improve the System of Care to be adept at addressing challenges of co-occuring disorders.

Goal 3: Target Completion Date Dec 31, 2024

Goal 3: Description Putnam County's System of Care continues to address issues that impact outcomes for children, adolescents, adults and families. Recently Putnam embarked on an intensive planning effort to improve outcomes for individuals experiencing co-occurring mental health and substance abuse challenges. With the goal of providing personcentered, wraparound planning for individuals/families with complex needs, the LGU will utilize Opioid abatement and local funds to create necessary positions within the LGU.

Goal 3: OASAS? Yes Goal 3: OMH? Yes Goal 3: OPWDD? Yes

Goal 3: Need Addressed 1 Workforce

Goal 3: Need Addressed 2 Cross System Services

Goal 3: Need Addressed 3

Goal 3, Objective 1: Title Increase staffing at the LGU.

Goal 3, Objective 1, Target Completion Date Mar 01, 2024

Goal 3, Objective 1, Description The number of LGU staff able to address the co-occurring system of care effort is inadequate.

# **Update to 2024-2027 Goals and Objectives Putnam County Mental Health Services**

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Goal 1				
Title	Reduce behavioral health crises in the community.			
Update				
OBJECTIVES				
Establish a Supportive Crisis Stabilization Center.		Ongoing		
Establish a co-response team.		Complete		
Establishment of crisis residential opportunities for those with intellectual/developmental disabilities.		Ongoing		
Establish a mobile crisis team.		Ongoing		
OBJECTIVE UPDATES				

Goal 2			
Title	To increase staff effectiveness in providing quality evidence based programs, including implementation support to ensure fidelity.		
Update			
OBJECTIVES			
Increase the delivery of in person community services.		Ongoing	
Expand treatment capacity in agencies who are providing services.  Ongoing		Ongoing	
OBJECTIVE UPDATES			

Goal 3			
Title	Improve the System of Care to be adept at addressing challenges of co-occuring disorders.		
Update			
OBJECTIVES			
Increase staffing at the LGU. ["]		ניין	
OBJECTIVE UPDATES			

# 2024 Needs Assessment Form Putnam County Mental Health Services

Crisis Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

#### **Cross System Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

## **Outpatient Treatment** Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

LGU Representative: Sara Servadio

Submitted for: Putnam County Mental Health Services

# 2025 Needs Assessment Form Putnam County Mental Health Services

Crisis Services Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Cross System Services** Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

#### **Outpatient Treatment** Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

LGU Representative: Sara Servadio

Submitted for: Putnam County Mental Health Services

Agency Name CAREERS Support Solutions, Inc.	Program Name Carmel Office	Program Type Name Ongoing Integrated Supported Employment Services
CHDFS, Inc.	CHDFS SMH CMA	Specialty Mental Health Care Management
Green Chimneys Children's Services, Inc.	Community Based Services	CFTSS: Children's Mental Health Rehabilitation Services
Green Chimneys Children's Services, Inc.	Green Chimneys Arbor House	Respite Services
Mental Health Association in Putnam County	Advocacy/Support Services	Advocacy/Support Services
Mental Health Association in Putnam County	Bridger Program	Non-Medicaid Care Coordination
Mental Health Association in Putnam County	Drop In Center	Drop In Centers
Mental Health Association in Putnam County	Family Support Services	Family Peer Support Services - Children & Family
Mental Health Association in Putnam County	Peer Specialist Program	Self-Help Programs
Mental Health Association in Putnam County	Self Help Programs MHA Westchester SH/Transformation SH Putnam	Self-Help Programs
Mental Health Association of Westchester Coun	Cty - Comm Svcs	Supportive Housing
NYSARC Inc., Ulster, Greene, Putnam Counties	Services	Ongoing Integrated Supported Employment Services
NYSARC Inc., Ulster, Greene, Putnam Counties	Supported Work Program PEOPLe Supp Housing/Transformation SH Putnam	Work Program
Projects to Empower and Organize the Psychiat	Cty - Comm Svcs PEOPLe Supp Hsing/RCE SH Putnam County - Comm	Supportive Housing
Projects to Empower and Organize the Psychiat	Svcs	Supportive Housing
Projects to Empower and Organize the Psychiat	Putnam Rose House	Self-Help Programs
Projects to Empower and Organize the Psychiat	Self Help Program	Self-Help Programs
Putnam County Mental Health	Putnam County Mental Health	Monitoring and Evaluation, CSS
Putnam County Mental Health	Respite Services	Respite Services
Putnam County Veterans Service Agency	Outreach	Outreach
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Advocacy/Support Services	Advocacy/Support Services
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	CFTSS: Community Psychiatric Support and	Coordinated Children's Service Initiative CFTSS: Community Psychiatric Support and Treatment
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Treatment	(CPST)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	CFTSS: Family Peer Support Services (FPSS)	CFTSS: Family Peer Support Services (FPSS)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	CFTSS: Other Licensed Practitioner	CFTSS: Other Licensed Practitioner (OLP)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	CFTSS: Psychosocial Rehabilitation	CFTSS: Psychosocial Rehabilitation (PSR)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	CFTSS: Youth Peer Support and Training (YPST)	CFTSS: Youth Peer Support (YPS)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	CMHRS	CFTSS: Children's Mental Health Rehabilitation Services
Putnam Fam & Comm Svcs, Inc. dba CoveCare Cti	Childrens Respite	Respite Services

Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	CoveCare Center HH CM C & Y	Health Home Care Management
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	CoveCare Center SMH CMA	Specialty Mental Health Care Management
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Family Support Services	Family Peer Support Services - Children & Family
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Health Home C&Y Non Medicaid Care Management	Health Home Non-Medicaid Care Management
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Home & Community Based Services	CORE Empowerment Services - Peer Supports
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Home & Community Based Services	Adult BH HCBS Education Support Services (ESS)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Home & Community Based Services	Adult BH HCBS Habilitation
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Home & Community Based Services	Adult BH HCBS Intensive Supported Employment (ISE)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Home & Community Based Services	Adult BH HCBS Ongoing Supported Employment (OSE)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Home & Community Based Services	Adult BH HCBS Pre-Vocational Services CORE Community Psychiatric Support and Treatment
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Home & Community Based Services	(CPST)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Home & Community Based Services	CORE Family Support and Training (FST)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Home & Community Based Services	CORE Psychosocial Rehabilitation (PSR)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr		Outreach
	PFCS DBA CoveCare Center Mental Health Services	Mental Health Outpatient Treatment and Rehabilitative
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr		Services (MHOTRS)
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	•	Comprehensive PROS with Clinical Treatment
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr		PROS Employment Initiative
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	•	Transportation
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Putnam Family & Community Services, Inc HH	Non-Medicaid Care Coordination
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	NonMed CM Putnam Family & Community Services, Inc HHCM	Health Home Non-Medicaid Care Management
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Svc Dollars	Health Home Care Management Service Dollars
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Putnam Family & Community Services, Inc. HHCM	Health Home Care Management
Putnam Fam & Comm Svcs, Inc. dba CoveCare Ctr	Residential Family Peer Partners Program	Family Peer Support Services - Children & Family
Putnam Hospital Center	Putnam Hospital Center	Crisis Intervention
Putnam Hospital Center	Putnam Hospital Center Partial Hospital Putnam Hospital Center Psychiatric Inpatient	Partial Hospitalization
Putnam Hospital Center	Service	Inpatient Psychiatric Unit of a General Hospital
Search For Change, Inc.	Career Quest	Ongoing Integrated Supported Employment Services
Search For Change, Inc.	SFC Putnam Apartment Program	Apartment/Treatment
Search For Change, Inc.	SFC SH/Putnam County PC Long Stay - Comm Svcs SFC Supported Housing / Putnam County-	Supportive Housing
Search For Change, Inc.	Comm.Svcs.	Supportive Housing

Search For Change, Inc.

SFC Townhouse
Rockland Psychiatric Center Brewster Clinic

Congregate/Treatment
Mental Health Outpatient Treatment