



2023 Goals and Plans Form

Monroe County Office of Mental Health

Goal 1: Maximize opportunities for safe and stable housing for individuals and their families across the age continuum

Goal 2: Utilize collaborative platforms to explore, address barriers for transportation when accessing behavioral health services

Goal 3: Explore, develop solutions, and take action to mitigate workforce concerns in the provider community, with a focus on diversity, equity, and inclusion

Goal 4 (Optional): Decrease the risk of advanced mental health disorders, behavior, and/or addiction progression through the enhancement of prevention efforts at all levels including primary, secondary and tertiary

Goal 5 (Optional): Explore and engage stakeholders in cross system collaboration to promote the well being of children and families

Annual and intermediate plans for addiction services:

MANY EFFORTS LISTED BELOW CROSS DISABILITY SYSTEMS

--Increase the number of community members trained in naloxone administration by MCOMH personnel

--Provide multi-lingual materials related to prevention, treatment, harm reduction and recovery services, in addition to safer use, and stigma reduction strategies through a network of trusted community members and/or families, making contact at least monthly

--MCOMH will work with NY MATTERS to identify barriers, successes, or gaps to ensure successful implementation in both large hospital EDs.

•MCOMH will work with prevention providers ceasing school based programming to navigate a path to community based prevention services

Annual and intermediate plans for developmental disability services:

MANY EFFORTS LISTED BELOW CROSS DISABILITY SYSTEMS

•Increase number of community-based prevention efforts to include direct outreach in underserved communities, Spanish speaking programming, and MCOMH sharing information by having a table at community events at least 20 community events per year

--Subject matter experts will conduct at least 2 training sessions for professionals and community members to learn more about OPWDD front door, access, and services.

These trainings will be offered to addiction and mental health professionals as well as community members alike in a virtual and/or in person format

Annual and intermediate plans for mental health services:

MANY EFFORTS LISTED BELOW CROSS DISABILITY SYSTEMS

- Gather data about the diversity of workforce and organization leadership in the provider community and provide reporting and support to agencies to increase diversity, which also includes language access
- Convene housing providers within and outside of our system on quarterly basis to plan for improved/increased housing options for those served in our behavioral health system
- Continue to work with city and county officials to mitigate homeless difficulties, especially those identified as having MH, OASAS or OPWDD needs.
 - Address waitlists
 - Increase provider communication re openings
- Target outreach efforts at least monthly to identified homeless encampments, areas of unhoused congregation, etc.
 - Goal is to provide education and awareness on available resources.

- MCOMH will work with local vendors on identifying barriers and opportunities of improvements in areas of BH transportation
- MCOMH will convene meetings with private transportation vendors to seek collaboration opportunities
- MCOMH will establish relationship with Medical Answering Service to better understand eligibility requirements and processes

- o Include education/information on accessing Medicaid sponsored transportation for consumers in associated MCOMH programs.

LGU Representative Name: jason teller

LGU Representative Title: Addiction and Prevention Services Manager

Submitted for: Monroe County Office of Mental Health



Office of Addiction
Services and Supports

Office of
Mental Health

Office for People With
Developmental Disabilities

2023 Needs Assessment Form

Monroe County Office of Mental Health

Crisis Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Coordination of our mobile teams in the county is a 2023 priority and we continue to lack as many options for youth in crisis as adults. There are also current pilots with mental health transports to sites other than EDs.

Cross System Services Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): There still is a need for integrated care options in our community and cross-system training. We still need to increase the equity of candidates across systems. There is a gap in cultural competency across each care system.

Housing Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): After surveying the community and family members of those that seek services and service providers, housing continues to be identified as a highly unmet need. At least 180 community members responded to the survey, and over 50 provider surveys were submitted. Adequate housing sustainability continues to be challenging for our community's people suffering from MH, IDD, and/or SUD needs

Prevention Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): There is still a need for more awareness and understanding of the mental hygiene services available in our community. Additionally, Naloxone distribution is a tertiary prevention tool, and need for increased understanding and utilization of Naloxone. Providers are exploring community-based prevention programs such as Familias Unidas

Transportation Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): When surveyed, providers, community members, and their families cited this as an area of need. There are often challenges with timely and accessible transportation in our community, especially for those with disabilities. Another identified issue is finding a way to use Medicaid-reimbursable transportation to settings and appointments that are not paid for by Medicaid (i.e., self-help meetings, church, and other support groups)

Workforce Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): a. Workforce continues to be the highest unmet need from a provider perspective and an LGU perspective. At least two new programs have been delayed opening due to workforce challenges (Youth ACT and new Detox). Providers have had to reduce access opportunities and admissions due to staffing issues. There has been little regulatory relief to stem some of these challenges. Mitigation efforts in the form of sign-on bonuses, retention bonuses, the HWB program, and incentives. Despite these initiatives, organizations continue to face workforce challenges. Additionally, there needs to be a diverse and/or culturally competent workforce that meets the community's needs. Workforce challenges have also been noted from a consumer perspective and especially by those caring for people with I/DD. Challenges with the workforce also result in lower quality care and gaps in service.

Opioid Crisis Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Need description (Optional): Fentanyl poisoning is now happening with drugs such as street pills, cocaine, and methamphetamine. Opioid-related deaths increased in 2022.

LGU Representative: jason teller

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