



## 2023 Goals and Plans Form

### St. Lawrence County Community Services

**Goal 1:** Continue to work with volunteer agencies to alleviate workforce shortages. Currently, workforce shortages prohibit expansion of existing agencies and the development of new programs.

**Goal 2:** Increase affordable housing, both transitional and supportive,

**Goal 3:** Enhance crisis services via the current provider and/or RFP for a provider of crisis services that meet the guidance and can capitalize on the existing benefit.

**Goal 4 (Optional):** Increase access to affordable transportation for behavioral health, medical, and SDH opportunities.

#### **Annual and intermediate plans for addiction services:**

-Hire and train one Harm Reduction Specialist, who may also be certified as Peer Recovery Advocate (CRPA), who will spend 100% of their time providing direct service, and harm reduction training to individuals with SUD/OD, their families, and community members.

-Distribute Safe Syringe Disposal Units in key county locations.

-Continued expansion of the newly developed "Rides To Recovery" program which provides transportation to access Social Determinants of Health (places of employment, educational institutions, shopping, entertainment, etc.) and emergency appointments.

-Increase the evidence-based prevention curriculum "Too Good for drugs; Too Good for Violence" in four additional school districts.

-Expand "Teen Intervene" prevention program for the County by hiring a 0.5 FTE CRPA to fill the current staff shortage.

#### **Annual and intermediate plans for developmental disability services:**

-Capitalize on the State initiative to provide an increase in Integrated Business Employment opportunities, which would also require an increase in job-coach staffing.

-Develop respite services for both adults and children to include planned and crisis placements. Currently the County has no IDD respite care.

-Develop better support systems for families that have members on the autism spectrum, including early intervention.

-Increase the workforce of Fiscal Intermediaries to support self-directed care.

-Develop IRA's for DD individuals stepping down from forensic and psychiatric placements.

**Annual and intermediate plans for mental health services:**

-Identify a provider capable of meeting guidance compliant crisis services to the largest, predominantly rural county in NYS and work towards implementation.

-Suicide Awareness Coalition will be holding one QPR training each month targeted at veterans, the geriatric population, educational systems, public transportation staff, and the community at large.

-Current mental health services' waitlists indicate the need for expansion of existing services or newly created Article 31 services, currently prohibited by staff shortages.

-Continue to develop the CIT program, coupled with a threat assessment management team to improve the collaboration between law enforcement and the behavioral health delivery system.

- Expand the current Mobile Access Program through use of additional iPads.

-Launch System of Care.

-Continued development and expansion of the Rides To Recovery program which provides transportation to access Social Determinants of Health (places of employment, educational institutions, shopping, entertainment, etc.) and emergency appointments.

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**LGU Representative Title:** Director of Community Services

**Submitted for:** St. Lawrence County Community Services



Office of Addiction  
Services and Supports

Office of  
Mental Health

Office for People With  
Developmental Disabilities

## 2023 Needs Assessment Form

### St. Lawrence County Community Services

#### **Adverse Childhood Experiences** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): -Universal school-based screenings appear indicated.

Trauma-informed care training for providers in the County including Correctional staff.

#### **Crisis Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Our current crisis response system does not meet the guidance.

#### **Cross System Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): Would suggest more "O" agency trainings for existing providers to effectively treat DD individuals with co-occurring disorders.

#### **Housing** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): -There is a lack of housing for individual discharged for SUD inpatient/residential treatment.

-A need exists for non-certified/community-base housing for IDD adults and transitional age youth.

-Our current emergency housing options that exist are the SRO's and run-down motels with inadequate community supports/transportation; they are not places of healing and recovery.

#### **Non-Clinical Supports** Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): There is a lack of HCBS, CFTSS, and CORE staff/providers in the County.

**Outpatient Treatment** Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): -All current Article 31's have waitlists due to increased needs, combined with workforce shortages.

-Those seeking assessments for IDD services must travel out of the County and wait months for a Psy.D. appointment.

**Prevention** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Need description (Optional): There is an increased need for prevention services due to the legalization of cannabis.

**Residential Treatment Services** Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Need description (Optional): There are long waitlists for children's residential services, of which none exist in the County.

**Respite** Yes

Applies to OASAS? No

Applies to OMH? No

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): There are no respite services for DD individuals within the County.

**Transition Age Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Youth Only

Need description (Optional): Housing is most salient.

**Transportation** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional): -Lack of after-hours emergency transportation.

The public transportation system may be difficult to navigate for the IDD population.

**Workforce** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Need description (Optional):

**The largest hospital system in the County suggests a need for increased inpatient psychiatric services.** Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Need description (Optional):

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