

## Goals and Objectives 2024-2027 Cayuga County Community Services Board

Liz Burke, Deputy Director (eburke@cayugacounty.us)

## Goal 1: Title Housing Goal 1: Target Completion Date Dec 31, 2028 Goal 1: Description Safe, easily accessible and affordable housing options for individuals with developmental disabilities, substance use problems and mental health challenges will be available. Goal 1: OASAS? Yes Goal 1: OMH? Yes Goal 1: OPWDD? Yes Goal 1: Need Addressed 1 Housing Goal 1: Need Addressed 2 Goal 1: Need Addressed 3 Goal 1, Objective 1: Title Funding Goal 1, Objective 1, Target Completion Date Dec 31, 2027 Goal 1, Objective 1, Description Additional funding to establish housing will be identified and secured. Goal 1, Objective 2: Title Programs to provide direct support Goal 1, Objective 2, Target Completion Date Dec 31, 2026 Goal 1, Objective 2, Description Programs to provide direct support to individuals in obtaining and maintaining housing will be implemented. Goal 1, Objective 3: Title transitional housing Goal 1, Objective 3, Target Completion Date Dec 31, 2026 Goal 1, Objective 3, Description Options for transitional housing including for individuals with a recent discharge from incarceration and inpatient stays will increase Goal 2 Goal 2: Title Expand crisis services Goal 2: Target Completion Date Dec 31, 2026 Goal 2: Description Readily accessible crisis services will be available in the county providing individuals and families with crisis response 24 hours a day/365 days a year. Goal 2: OASAS? Yes Goal 2: OMH? Yes Goal 2: OPWDD? Yes Goal 2: Need Addressed 1 Crisis Services Goal 2: Need Addressed 2 Cross System Services Goal 2: Need Addressed 3 Respite Goal 2, Objective 1: Title Overnight respite Goal 2, Objective 1, Target Completion Date Jun 30, 2024 Goal 2, Objective 1, Description Overnight respite for adults will be available every day of the year with a capacity that meets the needs of the county. Goal 2, Objective 2: Title After hours mobile crisis

- Goal 2, Objective 2, Target Completion Date Dec 31, 2024
- Goal 2, Objective 2, Description After hours mobile crisis (12 AM-9 AM) will be available and current 9 AM-midnight mobile crisis services sustained.
- Goal 2, Objective 3: Title Training
- Goal 2, Objective 3, Target Completion Date Dec 31, 2025
- Goal 2, Objective 3, Description Cross system training for crisis providers will be provided to ensure crisis response meets the unique needs of the individual experiencing crisis.
- Goal 2, Objective 4: Title Streamlined access
- Goal 2, Objective 4, Target Completion Date Dec 31, 2025
- Goal 2, Objective 4, Description Local 911, the statewide crisis response number 988 and local crisis providers will

coordinate to streamline crisis calls to ensure timely response.

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Goal 2, Objective 5: Title Countywide coordination
Goal 2, Objective 5, Target Completion Date May 30, 2024
Goal 2, Objective 5, Description Collaborations in crisis and threat response among county law enforcement, schools and
organizations providing behavioral health services will continue and expand to include additional partners.
Goal 2, Objective 6, Target Completion Date Dec 31, 2025
Goal 2, Objective 6, Description Cayuga County Community Mental Health Center will identify and obtain funding to
establish a Certified Community Behavioral Health Clinic.
Goal 3
Goal 3: Title Substance use prevention and treatment
Goal 3: Target Completion Date Dec 31, 2028
Goal 3: Description County will provide a continuum of prevention and treatment services/efforts that will address
substance use
Goal 3: OASAS? Yes Goal 3: OMH? Yes Goal 3: OPWDD? Yes
Goal 3: Need Addressed 1 Prevention
Goal 3: Need Addressed 2 Outpatient treatment
Goal 3: Need Addressed 3 Cross System Services
Goal 3, Objective 1: Title Certified Community Behavioral Health Clinic
Goal 3, Objective 1, Target Completion Date Dec 31, 2025
Goal 3, Objective 1, Description CCCMHC will identify and obtain funding to establish a Certified Community Behavioral
Health Clinic.
Goal 3, Objective 2: Title Data surveillance
Goal 3, Objective 2, Target Completion Date Dec 31, 2025
Goal 3, Objective 2, Description Data surveillance will be sustained to identify prevalent substances; measure the impact
of services and identify barriers to treatment.
Goal 3, Objective 3: Title Evidenced based services
Goal 3, Objective 3, Target Completion Date May 31, 2026
Goal 3, Objective 3, Description Organizations will implement new and expand current evidenced based services to
address substance use for youth and adults.
Goal 3, Objective 4: Title Harm reduction
Goal 3, Objective 4, Target Completion Date Dec 31, 2026
Goal 3, Objective 4, Description Outreach, education and engagement in harm reduction will be directed toward
individuals experiencing the effects of substance use as well as their family and other community members.
Goal 3, Objective 5: Title Timely access
Goal 3, Objective 5, Target Completion Date May 31, 2025
Goal 3, Objective 5, Description Additional providers will be identified with the capacity to provide timely access to services
and ability to provide Medication Assisted Treatment for substance use disorders.
Goal 3. Objective 6: Title Reduce stigma
Goal 3, Objective 6, Target Completion Date Jul 01, 2026
Goal 3, Objective 6, Description Public discourse will be increased to reduce stigma around substance use and increase
individual's engagement in treatment.
Goal 3, Objective 7: Title Peers
Goal 3, Objective 7, Target Completion Date Dec 31, 2025
Goal 3, Objective 7, Description The peer workforce will be increased.
Goal 4
Goal 4: Title Universal Prevention
Goal 4: Target Completion Date Dec 31, 2028
Goal 4: Description Universal preventions strategies and increased access to outpatient treatment to improve the social
and emotional wellbeing of Cayuga County residents will be implemented
                                        Yes Goal 4: OPWDD?
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Goal 4: OASAS? Yes Goal 4: OMH? Goal 4: Need Addressed 1 Prevention

Goal 4: Need Addressed 2 Cross System Services

Goal 4: Need Addressed 3 Adverse Childhood Experiences

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Goal 4, Objective 1: Title Universal prevention
Goal 4, Objective 1, Target Completion Date Dec 31, 2028
Goal 4, Objective 1, Description County schools will partner with community providers to incorporate evidenced based
programs to provide youth with resources needed to address the social and emotional needs of all youth.
Goal 4, Objective 2: Title Increased school satellites
Goal 4, Objective 2, Target Completion Date Dec 31, 2028
Goal 4. Objective 2. Description The number of schools with an outpatient satellite will increase and capacity within
existing school satellites will be expanded.
Goal 4, Objective 3: Title Trauma informed care
Goal 4, Objective 3, Target Completion Date Jun 30, 2026
Goal 4, Objective 3, Description Training in ACES will be provided and school and human service providers will establish
an infrastructure of trauma informed care.
Goal 4, Objective 4: Title System of care
Goal 4, Objective 4, Target Completion Date Jun 30, 2027
Goal 4, Objective 4, Description Family and youth voice at all levels of the county's system of care will be increased.
Goal 4, Objective 5: Title Hospital collaboration
Goal 4, Objective 5, Target Completion Date Jun 30, 2026
Goal 4, Objective 5, Description Collaboration with the county's hospital and ER will be formalized with the focus on
reducing ER and hospital admissions for behavioral health.
Goal 4, Objective 6: Title Homebased services
Goal 4, Objective 6, Target Completion Date Jun 30, 2025
Goal 4, Objective 6, Description The county will increase the availability of home-based therapy and support services for
children and adults.
Goal 5
Goal 5: Title Workforce
Goal 5: Target Completion Date Dec 31, 2026
Goal 5: Description The human service workforce will be sufficient to meet the needs of individuals with behavioral and
cognitive health challenges
Goal 5: OASAS? Yes Goal 5: OMH? Yes Goal 5: OPWDD? Yes
Goal 5: Need Addressed 1 Workforce
Goal 5: Need Addressed 2 Cross System Services
Goal 5: Need Addressed 3
Goal 5, Objective 1: Title Psychiatric care
Goal 5, Objective 1, Target Completion Date Jun 30, 2025
Goal 5, Objective 1, Description Psychiatric care including medication monitoring and management will be readily
available to all individuals experiencing behavioral and cognitive challenges.
Goal 5, Objective 2: Title Peers
Goal 5, Objective 2, Target Completion Date Dec 31, 2025
Goal 5, Objective 2, Description Adult and youth peers will be recruited, hired and provide support services in
organizations throughout the community.
Goal 5, Objective 3: Title Funding
Goal 5, Objective 3, Target Completion Date Dec 31, 2025
Goal 5, Objective 3, Description Cayuga County LGU will continue to participate with other local mental hygiene
departments to advocate for additional state funding to provide organizations the ability to increase salaries, offer paid
internships as well as onboarding and retention incentives.
Goal 6
Goal 6: Title Transportation
Goal 6: Target Completion Date Dec 31, 2027
Goal 6: Description Transportation will be affordable and readily available to individuals in all parts of the county to support
individuals in their connection to treatment/rehabilitation supports and services.
Goal 6: OASAS? Yes Goal 6: OMH? Yes Goal 6: OPWDD? Yes
Goal 6: Need Addressed 1 Transportation
Goal 6: Need Addressed 2   Cross System Services
Goal 6: Need Addressed 3 Outpatient treatment
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Goal 6, Objective 1: Title Existing resources

Goal 6, Objective 1, Target Completion Date Dec 31, 2025 Goal 6, Objective 1, Description Outreach to, and convene, local transportation providers (Centro bus, cab companies, programs currently providing transportation, etc.) to communicate needs and identify options to enhance services.

Goal 6, Objective 2: Title pilot programs
Goal 6, Objective 2, Target Completion Date Dec 31, 2026

Goal 6, Objective 2, Description Advocate for state funding for pilot programs aimed at providing transportation throughout the county.

# Update to 2024-2027 Goals and Objectives Cayuga County Community Services Board

Maureen Brennan, Deputy Director mbrennan@cayugacounty.us

Goal 1			
Title	Housing		
Update	Cayuga County made progress towards addressing the need for affordable housing and plan on continuing to expand services for transitional housing and the county will continue to look for additional funding targeting housing		
OBJECTIVES			
Funding	Funding Ongoing		
Programs to provide direct support Ongo		Ongoing	
transitional housing Ongoing		Ongoing	
OBJECTIVE UPDATES			

Goal 2			
Title	Expand crisis services		
Update	Cayuga County currently offers mobile crisis from 9am-midnight and is working towards offering mobile crisis 24/7. The county will continue to invest in cross systems training and will explore transitioning the county to a CCBHC.		
OBJECTIVES			
Overnight respite Complete		Complete	
After hours mobile crisis		Ongoing	
Training		Ongoing	
Streamlined access		Ongoing	
Countywide coordination		Ongoing	
Certified Community Behavioral Health Clinic		Ongoing	
OBJECTIVE UPDATES			
equity, diversity and in	nclusion		

Goal 3		
Title	Substance use prevention and treatment	
Update	The county is focused on expanding substance use prevention and treatment through the expansion of evidence based services, utilizing harm reduction strategies and increasing the peer workforce in the community.	
OBJECTIVES		
Certified Community Behavioral Health Clinic Ongoing		

Data surveillance	Ongoing	
Evidenced based services	Ongoing	
Harm reduction	Ongoing	
Timely access	Ongoing	
Reduce stigma	Ongoing	
Peers	Ongoing	
OBJECTIVE UPDATES		
diversity, equity and inclusion		

Goal 4			
Title	Universal Prevention		
Update	Cayuga County will continue to coordinate and collaborate with community agencies and members to enhance the county's system of care through the expansion of school satellites and trauma informed care. The county continues to expand collaboration with the local hospital and recently implemented a new outreach protocol with the county's mobile crisis team.		
OBJECTIVES			
Universal prevention Ongoing		Ongoing	
Increased school satellites Ongoing		Ongoing	
Trauma informed care Ongoing		Ongoing	
System of care		Ongoing	
Hospital collaboration (		Ongoing	
Homebased services		Ongoing	
OBJECTIVE UPDATES			
diversity, equity and inclusion			

Goal #5		
Title	Workforce	
Update	Expanding and retaining the workforce is an ongoing goal for the county with an emphasis of expanding the peer workforce.	
OBJECTIVES		
Psychiatric care Ongoing		Ongoing
Peers		Ongoing
Funding		Ongoing
OBJECTIVE UPDATES		
diversity, equity and inclusion		

Goal #6			
Title	Transportation		
Update	Cayuga County is a rural county and transportation continues to be a barrier		
OBJECTIVES			
Existing resources		Ongoing	
pilot programs		Ongoing	
OBJECTIVE UPDATES			

## 2024 Needs Assessment Form Cayuga County Community Services Board

## Adverse Childhood Experiences Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### Crisis Services Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### Cross System Services Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### **Housing** Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### Non-Clinical Supports Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### **Outpatient Treatment Yes**

Applies to OASAS? Yes
Applies to OMH? Yes
Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### **Prevention** Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? No

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### Respite Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

## Transportation Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### Workforce Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

LGU Representative: Liz Burke

Submitted for: Cayuga County Community Services Board

## 2025 Needs Assessment Form Cayuga County Community Services Board

## Adverse Childhood Experiences Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

#### Crisis Services Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### Housing Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Prevention** Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### Respite Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### Transportation Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

### Workforce Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

**LGU Representative**: Maureen Brennan

Submitted for: Cayuga County Community Services Board

Agency Name	Program Name	Program Type Name Specialty Mental Health Care
AIDS Community Resources, Inc.	ACR Health SMH CMA	Management
•	Behavioral Health Unit at Auburn	Inpatient Psychiatric Unit of a
Auburn Community Hospital	Community Hospital	General Hospital
	CFTSS - Community Psychiatric	CFTSS: Community Psychiatric
Cayuga Counseling Services, Inc.	Support and Treatment	Support and Treatment (CPST)
		CFTSS: Family Peer Support Services
Cayuga Counseling Services, Inc.	CFTSS - Family Peer Support Services	
Cayuga Counseling Services, Inc.	CFTSS - Psychosocial Rehabilitation	CFTSS: Psychosocial Rehabilitation
	CFTSS - Youth Peer Support and	
Cayuga Counseling Services, Inc.	Training	CFTSS: Youth Peer Support (YPS)
Course Courselling Comitees Inc	Course Courseline Comings Inc	Mental Health Outpatient
Cayuga Counseling Services, Inc.	Cayuga Counseling Services, Inc.	Treatment and Rehabilitative
Cayuga Councoling Sorvices Inc	Child/Adolescent Day Treatment Program	Day Treatment
Cayuga Counseling Services, Inc.	Fiogram	Health Home Non-Medicaid Care
Cayuga Counseling Services, Inc.	Children's Care Management	Management
cayaga counseling services, inc.	Children's Mental Health	CFTSS: Children's Mental Health
Cayuga Counseling Services, Inc.	Rehabilitation Program	Rehabilitation Services
Cayuga Counseling Services, Inc.	Health Home Care Management -	Health Home Care Management
Cayuga Counseling Services, Inc.	Other Licensed Professional	CFTSS: Other Licensed Practitioner
		Family Peer Support Services -
Cayuga Counseling Services, Inc.	Parents as Partners - Family Support	Children & Family
	Residential Family Peer Support	Family Peer Support Services -
Cayuga Counseling Services, Inc.	Partners Program	Children & Family
Cayuga County Community Services		
Board	CFTSS: Mobile Crisis Intervention	CFTSS: Mobile Crisis Intervention (CI)
Cayuga County Community Services		
Board	CNYDPG-Advocacy/Support Services	Advocacy/Support Services
Cayuga County Community Services Board	CNVDDG Transportation	Transportation
Cayuga County Community Services	CNYDPG-Transportation Cayuga County Community Mental	Transportation Specialty Mental Health Care
Board	Health Center SMH CMA (AOT)	Management
Cayuga County Community Services	, ,	Mental Health Outpatient
Board	Health Clinic	Treatment and Rehabilitative
Cayuga County Community Services		
Board	Board - HH CM	Health Home Care Management
Cayuga County Community Services	Cayuga County Community Services	Health Home Non-Medicaid Care
Board	Board - HH Non- Med CM	Management
Cayuga County Community Services		
Board	Crisis Invtervention-Children	Crisis Intervention
Cayuga County Community Services		
Board	Mobile Crisis Services-Adult	Mobile Crisis Services
Cayuga County Community Services		
Board	Transition Management Services	Transition Management Services

Cayuga Home For Children, dba Cayuga Centers	CFTSS: Community Psychiatric Support and Treatment	CFTSS: Community Psychiatric Support and Treatment (CPST)
Cayuga Home For Children, dba	Support and Treatment	CFTSS: Other Licensed Practitioner
Cayuga Centers	CFTSS: Other Licensed Practitioner	(OLP)
Cayuga Home For Children, dba		CFTSS: Psychosocial Rehabilitation
Cayuga Centers	CFTSS: Psychosocial Rehabilitation	(PSR)
Cayuga Home For Children, dba		CFTSS: Children's Mental Health
Cayuga Centers	Cayuga Centers CFTSS	Rehabilitation Services
Cayuga Home For Children, dba	Home Based Family Treatment	
Cayuga Centers	Model	Home-Based Family Treatment
Central New York Health Home	Central New York Health Home	Specialty Mental Health Care
Network, Inc.	Network	Management
Contact Community Services, Inc.	Suicide/Crisis Hotline	Advocacy/Support Services
		Supportive Single Room Occupancy
DePaul Community Services, Inc.	Port Byron Apartments SMI	(SP-SRO)
		Specialty Mental Health Care
HCR Care Management, LLC	HCR Care Management SMH CMA	Management
Hillside Children's Center	Hillside Finger Lekes Compus DTF	Residential Treatment Facility - Children & Youth
miliside Children's Center	Hillside Finger Lakes Campus, RTF	Specialty Mental Health Care
Hillside Children's Center	Hillside SMH CMA - Central Cayuga	Management
rimsiae eritaren 3 eenter	Thisace Sivili CiviA Central Cayaga	Wanagement
	RTF Transition Coordination -	Residential Treatment Facility
Hillside Children's Center	Fingerlakes	Transition Coordinator - Community
	LRI Regional Mobile Crisis-Adult	·
Liberty Resources, Inc.	Medicaid Billable Services	Mobile Crisis Services
	Liberty Resources Regional Mobile	
Liberty Resources, Inc.	Crisis	CFTSS: Mobile Crisis Intervention (CI)
		Specialty Mental Health Care
Liberty Resources, Inc.	Liberty Resources SMH CMA	Management
Liberty Resources, Inc.	Mobile Crisis Intervention Program	Crisis Intervention
	Short-Term Crisis Respite-Cayuga	0 / 0
Liberty Resources, Inc.	County	Crisis/Respite Beds
Nick's Ride 4 Friends, Inc.	Drop-In Center	Drop In Centers  Non-Medicaid Care Coordination
Nick's Ride 4 Friends, Inc.	Health Home Care Management St. Joseph's Care Coordination	Specialty Mental Health Care
St. Joseph's Hospital Health Center	Network SMH CMA	Management
5t. 103cpii 3 Hospital Health Center	Network Sivili Civia	Supportive Single Room Occupancy
Unity House of Cayuga County, Inc.	5070 Supported SRO	(SP-SRO)
ome, nouse of eaglaga county, mer		CORE Empowerment Services - Peer
Unity House of Cayuga County, Inc.	Empowerment Services	Supports
	•	
Unity House of Cayuga County, Inc.	PROS Employment Initiative	PROS Employment Initiative
	The PROSperity Program of Cayuga	Comprehensive PROS without
Unity House of Cayuga County, Inc.	County	Clinical Treatment
, ,	•	

Unity House of Cayuga County, Inc.	UH Cayuga SH/Transformation SH Cayuga Cty - Comm Svcs	Supportive Housing
Unity House of Cayuga County, Inc.	Unity House Apartment Program Unity House Cayuga Supported	Apartment/Treatment
Unity House of Cayuga County, Inc.	Housing/Cayuga -Comm.Svcs Unity House Cayuga-PC Long Stay	Supportive Housing
Unity House of Cayuga County, Inc.	Cayuga County-Comm Svcs Unity House Supported Housing/Cayuga County - Comm.	Supportive Housing
Unity House of Cayuga County, Inc. Veterans' Service Agency	Svcs Veterans Peer to Peer Program	Supportive Housing Outreach