

#### Goals and Objectives 2024-2027 Essex County Mental Health Services

Terri Morse, Director of Community Services (terri.morse@essexcountyny.gov)

#### Goal 1

Goal 1: Title Supportive/Therapeutic Housing Goal 1: Target Completion Date Jun 30, 2026 Goal 1: Description Increase availability of supportive/therapeutic housing for Essex County residents (a) with Serious Mental Illness (SMI), (b) with substance use disorders, (c) at-risk youth and/or (d) people with Intellectual/Developmental Disabilities (I/DD) to provide for 12 families. Goal 1: OASAS? Yes Goal 1: OMH? Yes Goal 1: OPWDD? Yes Goal 1: Need Addressed 1 Housing Goal 1: Need Addressed 2 Goal 1: Need Addressed 3 Goal 1, Objective 1: Title Working Group Goal 1, Objective 1, Target Completion Date Mar 31, 2024 Goal 1, Objective 1, Description Creating a CSB Housing Working Group on a quarterly basis that will identify and monitor all funding initiatives for development of sustainable housing programs for Essex County residents. Goal 1, Objective 2: Title Cross-System Involvement Goal 1, Objective 2, Target Completion Date Jun 30, 2028 Goal 1, Objective 2, Description Director of Community Services will participate in the Essex County Housing Task Force (monthly) and participate on the Franklin Essex Housing Coalition (COC) to stay involved in local housing initiatives. Goal 2 Goal 2: Title Workforce Goal 2: Target Completion Date Jun 30, 2026 Goal 2: Description All CSB providers will increase their workforce to be "fully" staffed, based on their definition. Goal 2: OASAS? Yes Goal 2: OMH? Yes Goal 2: OPWDD? Yes Goal 2: Need Addressed 1 Workforce Goal 2: Need Addressed 2 Goal 2: Need Addressed 3 Goal 2, Objective 1: Title Job Applicant Sharing Portal Goal 2, Objective 1, Target Completion Date Jun 30, 2025 Goal 2, Objective 1, Description CSB to create a collaborative portal for job applicant sharing across provider system. Goal 2, Objective 2: Title Peers Goal 2, Objective 2, Target Completion Date Jun 30, 2025 Goal 2, Objective 2, Description Increase Certified Peer workforce by 6 within Essex County CSB providers and create a Peer Network across the county/region. Goal 2, Objective 3: Title Youth Peer Advocates Goal 2, Objective 3, Target Completion Date Jun 30, 2026 Goal 2, Objective 3, Description CSB and System of Care to coordinate with Essex County schools to develop Youth Peer Advocates that will cultivate the current workforce.

Goal 2, Objective 4: Title Recruitment

Goal 2, Objective 4, Target Completion Date Jun 30, 2025

Goal 2, Objective 4, Description Utilize various media to promote Resilient Careers (System of Care initiative) within college, schools, waiting areas, and the public.

#### Goal 3

Goal 3: Title Integrated Services

Goal 3: Target Completion Date Jun 30, 2027

Goal 3: Description Increase Integration of care through a System of Care model by leveraging Essex County providers' capacities involving human services, education, health, and the justice system. Goal 3: OASAS? Yes Goal 3: OMH? Yes Goal 3: OPWDD? Yes Goal 3: Need Addressed 1 Cross System Services Goal 3: Need Addressed 2 Prevention Goal 3: Need Addressed 3 Adverse Childhood Experiences Goal 3. Objective 1: Title Mental Wellness in Schools Goal 3, Objective 1, Target Completion Date Jun 30, 2028 Goal 3, Objective 1, Description BRIEF (Building Resilience in Essex County - Essex County's System of Care) will collaborate with schools to create a strategic plan to cultivate mental wellness in the school - teachers and students; at least 2 schools will participate in utilizing the SHAPE (School Health Assessment and Performance Evaluation) System. Goal 3, Objective 2: Title Peers for Geriatric Population Goal 3, Objective 2, Target Completion Date Jun 30, 2026 Goal 3, Objective 2, Description Explore developing Peers for the geriatric population. Goal 3, Objective 3: Title Stressed System of Care Goal 3, Objective 3, Target Completion Date Jun 30, 2025 Goal 3, Objective 3, Description Develop a proactive pathway that includes data gathering to identify when members of the system of care are stressed to a level where services could be compromised. Goal 3, Objective 4: Title Mental Health Court Goal 3, Objective 4, Target Completion Date Jun 30, 2025 Goal 3, Objective 4, Description Support the number of referrals to the Essex County Mental Health Court for a full court of 10 participants. Goal 3, Objective 5: Title County-Wide Planning Goal 3, Objective 5, Target Completion Date Jun 30, 2027 Goal 3, Objective 5, Description Establish a method of planning for integration of various Essex County-wide planning guides, e.g., Community Health Improvement Plan, Local Services Plan, Community Health Assessment, and County-based strategic planning). Goal 4 Goal 4: Title Apartment Treatment Housing for Families Goal 4: Target Completion Date Jun 30, 2028 Goal 4: Description Establish a brick-and-mortar residence to provide a wholistic approach to children's wellbeing, and their families, that will serve 4 children/families. Goal 4: OASAS? Yes Goal 4: OMH? Yes Goal 4: OPWDD? Yes Goal 4: Need Addressed 1 Crisis Services Goal 4: Need Addressed 2 Housing Goal 4: Need Addressed 3 Goal 4, Objective 1: Title Residence Goal 4, Objective 1, Target Completion Date Jun 30, 2028 Goal 4, Objective 1, Description Establish a Planning Committee that will locate and develop a sustainable residence in a town/village of Essex County that can effectively accommodate the needs of the target population(s) and will utilize staff across the CSB provider system. Goal 4, Objective 2: Title Children's Respite Goal 4, Objective 2, Target Completion Date Mar 31, 2026 Goal 4, Objective 2, Description Develop an up-to-two-week children's respite solution that is flexible and can serve families who are either involved with CPS or Health Home/HCBS/CFTSS services, or are not involved with any services. Goal 5 Goal 5: Title Mobile Methadone Unit Goal 5: Target Completion Date Jun 30, 2027 Goal 5: Description Create a North Country Regional Mobile Methadone Unit that will serve across Essex and Franklin Counties. Goal 5: OASAS? Yes Goal 5: OMH? No Goal 5: OPWDD? No Goal 5: Need Addressed 1 Outpatient treatment Goal 5: Need Addressed 2 Goal 5: Need Addressed 3

Goal 5, Objective 1: Title Partnership Goal 5, Objective 1, Target Completion Date Jun 30, 2025 Goal 5, Objective 1, Description Collaborate with Essex and Franklin County OASAS providers to explore whether it is feasible to create an MMU solution.

Goal 5, Objective 2: Title Harm Reduction Goal 5, Objective 2, Target Completion Date Jun 30, 2025 Goal 5, Objective 2, Description If an MMU is established, ensure the delivery of practices by the MMU utilize harm reduction strategies that positive impact the SUD population and their loved ones.

Goal 5, Objective 3: Title Goal 5, Objective 3, Target Completion Date Jun 30, 2025 Goal 5, Objective 3, Description



# Update to 2024-2027 Goals and Objectives Essex County Mental Health Services

Terri Morse, Director of Community Services terri.morse@essexcountyny.gov

Goal 1		
Title	Supportive/Therapeutic Housing	
Update	Increase availability of supportive/therapeutic housing for Essex County residents by establishing 2 2-4-person dwellings (a) with Serious Mental Illness (SMI), (b) with substance use disorders, (c) at-risk youth and/or (d) people with Intellectual/Developmental Disabilities (I/DD) to provide for 12 families, annually.	
OBJECTIVES		
Working Group		Ongoing
Cross-System Involvement		Ongoing
OBJECTIVE UPDATES		

Goal 2		
Title	Workforce	
Update		
OBJECTIVES		
Job Applicant Sharing Portal		Ongoing
Peers		Ongoing
Youth Peer Advocates		Ongoing
Recruitment		Ongoing
OBJECTIVE UPDATES		

Goal 3		
Title	Integrated Services	
Update		
OBJECTIVES		
Mental Wellness in Schools		Ongoing
Peers for Geriatric Population		Ongoing
Stressed System of Care		Ongoing
Mental Health Court		Ongoing
County-Wide Planning		Ongoing

# **OBJECTIVE UPDATES**

Goal 4		
Title	Apartment Treatment Housing for Families	
Update		
OBJECTIVES		
Residence		Ongoing
Children's Respite		Ongoing
OBJECTIVE UPDATES		

Goal 5		
Title	Mobile Methadone Unit	
Update		
OBJECTIVES		
Partnership Ongoing		Ongoing
Harm Reduction		Ongoing
OBJECTIVE UPDATES		



# 2024 Needs Assessment Form Essex County Mental Health Services

### Housing Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### Residential Treatment Services Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### Respite Yes

Applies to OASAS? No Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Youth Only Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

#### Transportation Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Adults Only Do any of the Goals on the Goals and Objectives Form address this need? No Need description (Optional): Essex County has very limited public transportation and has few routes throughout the weekday. This significantly impacts those without Medicaid insurance for transportation to medical appointments. Additionally, for those in need of transportation to/from court, DSS, probation, food, pharmacy, etc., have a very difficult time in getting their needs met.

#### Workforce Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

## LGU Representative: Terri Morse

Submitted for: Essex County Mental Health Services



# 2025 Needs Assessment Form Essex County Mental Health Services

## Employment/volunteer (client) Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No Need description (Optional): I would say that our LSP partially indicates this need in our G&O by way of our G&O about the use of Peers. While not on our LSP, the Essex County's System of Care has G&Os associated with the Transition Aged Youth topic. Our System of Care is listed on our LSP, so I didn't want to duplicate the SOC goals on the LSP. We are finding that young people who are not college-bound are having difficulty finding their place in the world. With the advent of "College for Everyone," I'm not sure it sent the correct message to young people who may not be able to or interested in attending college. Many jobs within the County do not require degrees, yet young people are not applying for them. We're hoping that our efforts in the Transition Aged Youth efforts will assist schools in helping young people navigate their next steps - whether they are college bound, go into the trades, or find employment/volunteering in which they feel purposeful.

## Housing Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

# Prevention Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

# Residential Treatment Services Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

# Respite Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

# Transition Age Services Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? No Need description (Optional): I would say that our LSP partially indicates this need in our G&O by way of our G&O about the use of Peers. While not on our LSP, the Essex County's System of Care has G&Os associated with the Transition Aged Youth topic. Our System of Care is listed on our LSP, so I didn't want to duplicate the SOC goals on the LSP. We are finding that young people who are not college-bound are having difficulty finding their place in the world. With the advent of "College for Everyone," I'm not sure it sent the correct message to young people who may not be able to or interested in attending college. Many jobs within the County do not require degrees, yet young people are not applying for them. We're hoping that our efforts in the Transition Aged Youth efforts will assist schools in helping young people navigate their next steps - whether they are college bound, go into the trades, or find employment/volunteering in which they feel purposeful.

### Transportation Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Do any of the Goals on the Goals and Objectives Form address this need? No Need description (Optional): Transportation issues have ALWAYS existed in Essex County. Years ago, we removed it from the LSP because it seemed like a problem that has no solution. This is not on our current G&O for the same reason, however, it remains a MAJOR issue.

#### Workforce Yes

Applies to OASAS? Yes Applies to OMH? Yes Applies to OPWDD? Yes Need Applies to: Both Youth and Adults Do any of the Goals on the Goals and Objectives Form address this need? Yes Need description (Optional):

### LGU Representative: Terri Morse

Submitted for: Essex County Mental Health Services

Agency Name Adirondack Health Institute	<b>Program Nan</b> Adirondack H CMA
AIDS Council of Northeastern New York	Alliance For P
Citizen Advocates, Inc. dba North Star Indust	Citizen Advoc
Essex County Community Services Board	CFTSS: Comm Support and <sup>-</sup>
Essex County Community Services Board	CFTSS: Mobil (CI)
Essex County Community Services Board	CFTSS: Other (OLP)
Essex County Community Services Board	Essex County
Essex County Community Services Board	Essex County
Essex County Community Services Board	Essex County Board-HH No
Essex County Community Services Board	Essex County Board - HHCN
Essex County Community Services Board	Essex County Board Mobile
Essex County Community Services Board	Essex County
Essex County Community Services Board	Essex County
Essex County Community Services Board	Essex County Services
Essex County Community Services Board	EssexCounty Board
Essex County Community Services Board	Transition Ma
Essex County Community Services Board	Crisis 2680
Families First in Essex County, Inc.	Advocacy Sup
Families First in Essex County, Inc.	CFTSS Progra
Families First in Essex County, Inc.	Children's Co

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Health Institute SMH Positive Health

cates SMH CMA

munity Psychiatric Treatment (CPST) ile Crisis Intervention

Community Services

/ Community Services

Community Services onMedCM

Community Services М Community Services e Crisis Provider

/ MHS SPOA - Adult

/ MHS SPOA - C&Y

/ Mental Health

**Community Services** anagement

pport Services 1760

im at Families First

ordinated Services Initiative

#### **Program Type Name**

Specialty Mental Health Care Management Specialty Mental Health Care Management Specialty Mental Health Care Management **CFTSS: Community Psychiatric** Support and Treatment (CPST) **CFTSS: Mobile Crisis Intervention** (CI) r Licensed Practitioner CFTSS: Other Licensed Practitioner (OLP) **Reinvestment and Medication Grant** Program (MGP) Monitoring and Evaluation, CSS

> Health Home Non-Medicaid Care Management

Health Home Care Management

**Mobile Crisis Services** 

Single Point of Access (SPOA)

Single Point of Access (SPOA)

Mental Health Outpatient Treatment and Rehabilitative Services (MHOTRS) Specialty Mental Health Care Management **Transition Management Services** 

**Crisis Intervention** 

Advocacy/Support Services

**CFTSS: Children's Mental Health Rehabilitation Services** Coordinated Children's Service Initiative

Families First in Essex County, Inc.	Families First in Essex County, Inc.	CFTSS: Community Psychiatric Support and Treatment (CPST)
Families First in Essex County, Inc.	Families First in Essex County, Inc.	CFTSS: Family Peer Support Services
Families First in Essex County, Inc.	Families First in Essex County, Inc.	(FPSS) CFTSS: Other Licensed Practitioner (OLP)
Families First in Essex County, Inc.	Families First in Essex County, Inc.	CFTSS: Psychosocial Rehabilitation (PSR)
Families First in Essex County, Inc.	Families First in Essex County, Inc.	CFTSS: Youth Peer Support (YPS)
Families First in Essex County, Inc.	Family Support Children & Youth	Family Peer Support Services - Children & Family
Families First in Essex County, Inc.	Health Home Care Management	Health Home Care Management
Families First in Essex County, Inc.	Health Home Non-Medicaid Care Management	Health Home Non-Medicaid Care Management
HCR Care Management, LLC	HCR Care Management SMH CMA	Specialty Mental Health Care Management
Hudson Headwaters Health Network	Hudson Headwaters Health Network	Specialty Mental Health Care Management
Mental Health Association in Essex County	988 Crisis Hotline Center	988 Crisis Hotline Center
Mental Health Association in Essex County	Adult Behavioral Health Home and Community Based Services Ed	Adult BH HCBS Education Support Services (ESS)
Mental Health Association in Essex County	Assisted Competitive Employment	Assisted Competitive Employment
Mental Health Association in Essex County	BH HCBS Empowerment Services Peer Supports	CORE Empowerment Services - Peer Supports
Mental Health Association in Essex County	BH HCBS Family Support and Training	CORE Family Support and Training (FST)
Mental Health Association in Essex County	BH HCBS Habilitation	Adult BH HCBS Habilitation
Mental Health Association in Essex County	BH HCBS Pre-Vocational Services	Adult BH HCBS Pre-Vocational Services
Mental Health Association in Essex County	BH HCBS Psychosocial Rehabilitation	CORE Psychosocial Rehabilitation (PSR)
Mental Health Association in Essex County	BH HCBS Transitional Employment	Adult BH HCBS Transitional Employment
Mental Health Association in Essex County	BH Short-term Respite	Adult BH HCBS Short-term Crisis Respite
Mental Health Association in Essex County	Community Services Non-Medicaid Care Coordination	Non-Medicaid Care Coordination

Mental Health Association in Essex County	Community Services Outreach	Outreach
Mental Health Association in Essex County	Crisis Alternative Program	Advocacy/Support Services
Mental Health Association in Essex County	Crisis Intervention	Crisis Intervention
Mental Health Association in Essex County	Educational Assistance Program	Supported Education
Mental Health Association in Essex County	HCBS Intensive Supported Employment	Adult BH HCBS Intensive Supported Employment (ISE)
Mental Health Association in Essex County	MHA Essex Supp Housing/RCE SH Essex Cty - Comm Svcs	Supportive Housing
Mental Health Association in Essex County	MHA Essex Supp Housing/Transformation SH - Comm Svcs	Supportive Housing
Mental Health Association in Essex County	MHA in Essex Co. Scattered Supported Housing-Comm.Svcs.	Supportive Housing
Mental Health Association in Essex County	MHA in Essex County SMH CMA AOT	Specialty Mental Health Care Management
Mental Health Association in Essex County	Mental Health Association in Essex County - HH CM	Health Home Care Management
Mental Health Association in Essex County	Mental Health Association in Essex County - HH Non-Medicaid	Health Home Non-Medicaid Care Management
Mental Health Association in Essex County	Ongoing Supported Employment (OSE)	Adult BH HCBS Ongoing Supported Employment (OSE)
Mental Health Association in Essex County	Self Help	Self-Help Programs
Mental Health Association in Essex County	Supported Employment Program	Ongoing Integrated Supported Employment
Mental Health Association in Essex County	Transportation	Transportation
Mountain Lake Services, a Chapter of The Arc New York in Essex County Mental Health Association of	Article 16 Clinic	Criical Time Transition Intervention
Franklin County Inc, DBA Community Connections of Franklin County	Home Based Crisisi Intervention (HBCI)	