



## Goals and Objectives 2024 Essex County Mental Health Services

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### Goal 1

Goal 1: Title Supportive/Therapeutic Housing

Goal 1: Target Completion Date Jun 30, 2026

Goal 1: Description Increase availability of supportive/therapeutic housing for Essex County residents (a) with Serious Mental Illness (SMI), (b) with substance use disorders, (c) at-risk youth and/or (d) people with Intellectual/Developmental Disabilities (I/DD) to provide for 12 families.

Goal 1: OASAS? Yes Goal 1: OMH? Yes Goal 1: OPWDD? Yes

Goal 1: Need Addressed 1 Housing

Goal 1: Need Addressed 2

Goal 1: Need Addressed 3

Goal 1, Objective 1: Title Working Group

Goal 1, Objective 1, Target Completion Date Mar 31, 2024

Goal 1, Objective 1, Description Creating a CSB Housing Working Group on a quarterly basis that will identify and monitor all funding initiatives for development of sustainable housing programs for Essex County residents.

Goal 1, Objective 2: Title Cross-System Involvement

Goal 1, Objective 2, Target Completion Date Jun 30, 2028

Goal 1, Objective 2, Description Director of Community Services will participate in the Essex County Housing Task Force (monthly) and participate on the Franklin Essex Housing Coalition (COC) to stay involved in local housing initiatives.

### Goal 2

Goal 2: Title Workforce

Goal 2: Target Completion Date Jun 30, 2026

Goal 2: Description All CSB providers will increase their workforce to be "fully" staffed, based on their definition.

Goal 2: OASAS? Yes Goal 2: OMH? Yes Goal 2: OPWDD? Yes

Goal 2: Need Addressed 1 Workforce

Goal 2: Need Addressed 2

Goal 2: Need Addressed 3

Goal 2, Objective 1: Title Job Applicant Sharing Portal

Goal 2, Objective 1, Target Completion Date Jun 30, 2025

Goal 2, Objective 1, Description CSB to create a collaborative portal for job applicant sharing across provider system.

Goal 2, Objective 2: Title Peers

Goal 2, Objective 2, Target Completion Date Jun 30, 2025

Goal 2, Objective 2, Description Increase Certified Peer workforce by 6 within Essex County CSB providers and create a Peer Network across the county/region.

Goal 2, Objective 3: Title Youth Peer Advocates

Goal 2, Objective 3, Target Completion Date Jun 30, 2026

Goal 2, Objective 3, Description CSB and System of Care to coordinate with Essex County schools to develop Youth Peer Advocates that will cultivate the current workforce.

Goal 2, Objective 4: Title Recruitment

Goal 2, Objective 4, Target Completion Date Jun 30, 2025

Goal 2, Objective 4, Description Utilize various media to promote Resilient Careers (System of Care initiative) within college, schools, waiting areas, and the public.

### Goal 3

Goal 3: Title Integrated Services

Goal 3: Target Completion Date Jun 30, 2027

Goal 3: Description Increase Integration of care through a System of Care model by leveraging Essex County providers' capacities involving human services, education, health, and the justice system.

Goal 3: OASAS? Yes Goal 3: OMH? Yes Goal 3: OPWDD? Yes

Goal 3: Need Addressed 1 Cross System Services

Goal 3: Need Addressed 2 Prevention

Goal 3: Need Addressed 3 Adverse Childhood Experiences

Goal 3, Objective 1: Title Mental Wellness in Schools

Goal 3, Objective 1, Target Completion Date Jun 30, 2028

Goal 3, Objective 1, Description BRIEF (Building Resilience in Essex County - Essex County's System of Care) will collaborate with schools to create a strategic plan to cultivate mental wellness in the school - teachers and students; at least 2 schools will participate in utilizing the SHAPE (School Health Assessment and Performance Evaluation) System.

Goal 3, Objective 2: Title Peers for Geriatric Population

Goal 3, Objective 2, Target Completion Date Jun 30, 2026

Goal 3, Objective 2, Description Explore developing Peers for the geriatric population.

Goal 3, Objective 3: Title Stressed System of Care

Goal 3, Objective 3, Target Completion Date Jun 30, 2025

Goal 3, Objective 3, Description Develop a proactive pathway that includes data gathering to identify when members of the system of care are stressed to a level where services could be compromised.

Goal 3, Objective 4: Title Mental Health Court

Goal 3, Objective 4, Target Completion Date Jun 30, 2025

Goal 3, Objective 4, Description Support the number of referrals to the Essex County Mental Health Court for a full court of 10 participants.

Goal 3, Objective 5: Title County-Wide Planning

Goal 3, Objective 5, Target Completion Date Jun 30, 2027

Goal 3, Objective 5, Description Establish a method of planning for integration of various Essex County-wide planning guides, e.g., Community Health Improvement Plan, Local Services Plan, Community Health Assessment, and County-based strategic planning).

#### Goal 4

Goal 4: Title Apartment Treatment Housing for Families

Goal 4: Target Completion Date Jun 30, 2028

Goal 4: Description Establish a brick-and-mortar residence to provide a wholistic approach to children's wellbeing, and their families, that will serve 4 children/families.

Goal 4: OASAS? Yes Goal 4: OMH? Yes Goal 4: OPWDD? Yes

Goal 4: Need Addressed 1 Crisis Services

Goal 4: Need Addressed 2 Housing

Goal 4: Need Addressed 3

Goal 4, Objective 1: Title Residence

Goal 4, Objective 1, Target Completion Date Jun 30, 2028

Goal 4, Objective 1, Description Establish a Planning Committee that will locate and develop a sustainable residence in a town/village of Essex County that can effectively accommodate the needs of the target population(s) and will utilize staff across the CSB provider system.

Goal 4, Objective 2: Title Children's Respite

Goal 4, Objective 2, Target Completion Date Mar 31, 2026

Goal 4, Objective 2, Description Develop an up-to-two-week children's respite solution that is flexible and can serve families who are either involved with CPS or Health Home/HCBS/CFTSS services, or are not involved with any services.

#### Goal 5

Goal 5: Title Mobile Methadone Unit

Goal 5: Target Completion Date Jun 30, 2027

Goal 5: Description Create a North Country Regional Mobile Methadone Unit that will serve across Essex and Franklin Counties.

Goal 5: OASAS? Yes Goal 5: OMH? No Goal 5: OPWDD? No

Goal 5: Need Addressed 1 Outpatient treatment

Goal 5: Need Addressed 2

Goal 5: Need Addressed 3

Goal 5, Objective 1: Title Partnership

Goal 5, Objective 1, Target Completion Date Jun 30, 2025

Goal 5, Objective 1, Description Collaborate with Essex and Franklin County OASAS providers to explore whether it is feasible to create an MMU solution.

Goal 5, Objective 2: Title Harm Reduction

Goal 5, Objective 2, Target Completion Date Jun 30, 2025

Goal 5, Objective 2, Description If an MMU is established, ensure the delivery of practices by the MMU utilize harm reduction strategies that positive impact the SUD population and their loved ones.

Goal 5, Objective 3: Title

Goal 5, Objective 3, Target Completion Date Jun 30, 2025

Goal 5, Objective 3, Description



Office of Addiction  
Services and Supports

Office of  
Mental Health

Office for People With  
Developmental Disabilities

## 2024 Needs Assessment Form Essex County Mental Health Services

### **Housing** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Residential Treatment Services** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Respite** Yes

Applies to OASAS? No

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Youth Only

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

### **Transportation** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Adults Only

Do any of the Goals on the Goals and Objectives Form address this need? No

Need description (Optional): Essex County has very limited public transportation and has few routes throughout the weekday. This significantly impacts those without Medicaid insurance for transportation to medical appointments. Additionally, for those in need of transportation to/from court, DSS, probation, food, pharmacy, etc., have a very difficult time in getting their needs met.

### **Workforce** Yes

Applies to OASAS? Yes

Applies to OMH? Yes

Applies to OPWDD? Yes

Need Applies to: Both Youth and Adults

Do any of the Goals on the Goals and Objectives Form address this need? Yes

Need description (Optional):

**LGU Representative:** Terri Morse

**Submitted for:** Essex County Mental Health Services