



NYS Office For People With Developmental Disabilities

Putting People First



Update on OPWDD's System Transformation and the People First Waiver

Region 3 Meeting
November 15, 2013



Agenda

- Review and Status Report on Transformation Deliverables
- Review and Status Report on People First Waiver
- Rate Reform
- Next Steps



OPWDD Vision

It Starts with the People We Serve.

People with developmental disabilities will:

- enjoy meaningful relationships with friends, family, and others
- experience personal health and growth
- live in the home of their choice
- fully participate in their communities



Transformation Agreement with CMS

OPWDD's commitment to CMS for achieving ambitious goals for system reform and personal outcomes

- **Self-Direction**
- **Employment**
- **De-institutionalization**
- **Expanded Housing Options**

—Improving outcomes for people one life at a time—



Expanding SELF-DIRECTION

- OPWDD continues to provide education to at least 1,500 beneficiaries (with designated representatives as needed) per quarter beginning on April 1, 2013.
- Growing # of individuals self-directing to reach 1,245 by March 31, 2014.
- Drafting OPWDD self-direction policies for initial review (due to CMS January 2014)
- There are over 390 new people who have chosen self direction since April 2013.



Expanding opportunities for EMPLOYMENT

- Increase number of individuals employed by 700 by March 31, 2014
- From April 1 through July 31, 222 new people were engaged in supported employment.
- Ended admissions to sheltered workshops on July 1, 2013
- A draft transformation plan for increasing participation in competitive employment was submitted October 1 to CMS:
 - Encourage businesses to hire people with developmental disabilities
 - Increase opportunities for high school students to transition to employment
 - Improve the quality of supported employment services



Transitioning People from Workshops to Employment & Other Community Activities

- Proposing a multi-year strategy to identify and support workshop participants who are interested in competitive employment.
- Converting workshops to an integrated business model
- Supporting other options when competitive employment is not appropriate:
 - community habilitation
 - day habilitation
 - CSS to support volunteer, recreation, senior center, or other community activities for people who are retirement age
 - For individuals who want to continue to work obtaining employment in a former workshop that has converted to an affirmative business or social enterprise will be an option.



DE-INSTITUTIONALIZATION

- Over the past several decades, 30,000 people moved out of institutional settings and into community-based living arrangements.
- Since March 2011, we helped more than 300 people transition from institutional settings to homes in the community—reducing the institutional population by nearly 24%.
- Today, fewer than 1,000 people live in campus-based institutional settings operated by OPWDD.
- Plans are in place to transition 148 residents from Finger Lakes and Taconic ICFs by January 1, 2014.



Closing Developmental Centers

In July 2013, Governor Andrew Cuomo announced the schedule for closing four institutional-based campuses:

- O.D. Heck in Schenectady (March 31, 2015)
- Brooklyn (December 31, 2015)
- Broome in Binghamton (March 31, 2016)
- Bernard M. Fineson in Queens (March 31, 2017)



Expanding COMMUNITY RESIDENTIAL OPTIONS

- NYS Supportive Housing Development - \$1.8 million to assist 180 people by providing supports such as rent subsidies and community habilitation, consolidated supports and services, and residential habilitation provided through individual residential alternatives (IRAs).
- HUD-Approved Federal Housing Counseling Program offering a variety of counseling sessions, educational workshops, and projects.
- OPWDD is expanding its cadre of trained housing coordinators and housing specialists across the state.



OPWDD's Home of Your Own helps individuals, income-eligible parents/guardians, direct support professionals, and other qualified members of OPWDD's workforce become homeowners. Over 700 people assisted to date.

New York State Home and Community Renewal (NYSHCR) partnership encourages housing projects to offer a preference in tenant selection for people with developmental disabilities (up to 20 percent of a project's total units). Provider applicants must have firm commitments from OPWDD for funding supports and services. Six providers applied for early award funding.



Stakeholder Involvement

- Transformation Work Teams:
 - Managed Care Implementation
 - Provider Efficiency and Innovation
 - System Transformation
- Employment Committee and Community Dialogues
- Workshop Conversion Workgroup
- MFP Stakeholder Advisory Committee



People First Waiver – Goals & Objectives

1. Creating a Person-Centered, Demand-Oriented System

- **Need-focused service planning**
- **Equity across NYS**
- **Self-Direction available to all**

2. Enhancing Care Coordination and Person-Centered Planning

- **Cross system coordination of comprehensive services**
- **Ready access to one person for all care coordination needs**

3. Enhancing Community-based Services

- **Supports for serving people in the most integrated settings**

4. Modernizing the Financial Platform

- **Funding individual's service needs, not service allocations**
- **Standardized funding that aligns with costs**



CMS Negotiations Continue

- Weekly discussions with CMS continue.
- Discussions review issues related to details in the ongoing submissions of deliverables per the Transformation Agreement and the 1915 c waiver amendment.
- The state shared a punch list of issues and CMS staff is awaiting input from CMS leadership.
- The outcome of the OPWDD's negotiations around voluntary rate rationalization will determine the actual timeline for pre-enrollment into DISCOs and enrollment into developmental disabilities fully integrated duals advantage (FIDA) program.



Rate Rationalization Discussions

- A new rate setting methodology has been submitted to CMS for approval.
- The proposed methodology recognizes a direct care staff hour as the core of new, standardized rates.
- The first services to use the new methodology will be voluntary operated Intermediate Care Facility (ICF/DD) services, Residential Habilitation (Supervised and Supportive IRAs) and Group Day Habilitation.
- The new rates will be phased in; the timeline is not yet determined.



OPWDD's Preferred Timeline

First Quarter 2014

- DISCO Solicitation
- Submission of 1915 C Renewal and 1915 B Updated Application

Spring/Summer 2014

- Readiness Review/COA Approval
- Finalization of Capitation Rates

Fall 2014

- Voluntary Enrollment into FIDA begins
- Voluntary Enrollment into DISCOs begins



Managed Care = Measuring Outcomes

OPWDD is shifting from focusing solely on procedural and regulatory compliance to developing new ways of measuring outcomes that are more meaningful to individuals and that indicate how well OPWDD is supporting their health and safety, their achievement of goals, and their quality of life.

- Coordinated Assessment System (CAS)
- Personal Outcome Measures for person-centered quality review
- National Core Indicators – for system review
- Evaluating and measuring DISCOs' performance
- Transparency through Agency & DISCO report cards
- Transformation Evaluation and Accountability Plans



In a managed care system ...

The OPWDD will:

- continue to provide eligibility determination,
- continue to provide needs assessment,
- explain the DISCO options, and
- Help people to enroll in DISCOs.

DISCOs will:

- develop Individualized Service Plans,
- authorize and deliver services, and
- measure and report outcomes.



http://www.health.ny.gov/health_care/managed_care/mltc/index.htm

New York City

Key

- More stars mean better health plan performance
- ★★★ Above average
- ★★ Average
- ★ Below average

A Consumer's Guide to Managed Long Term Care in New York City

Health Plan

Health Plan	Preventive Care			Improvement and Stability				Satisfaction with Care		
	Flu Prevention	Patient Safety	Advanced Directives	Activities of Daily Living	Management of Incontinence	Quality of Life	No Known Emergency Care	Rating of Health Plan	Rating of Regular Visiting Nurse	Rating of Care Manager
Partial Capitation Plans										
Centerlight Healthcare Select MLTC	★★★	★★★	★	★★	★★	★★★	★★★	★	★★	★★
ElderServe Health, Inc.	★	★★	N/A	★★	★★	★★	★★★	N/A	N/A	N/A
Fidelis Care at Home	★★	★★	★★★	★★	★★	★	★	★★	★★★	★★
GuildNet	★	★★★	★★	★★	★★	★	★★★	★★	★★	★★
HealthPlus, an Amerigroup Company MLTC	★★	★	★	★	★★	★	★	★★	★	★★
HHH Choices Health Plan, LLC	★★	★	★	★★	★	★	★★	★★	★★	★★
HomeFirst	★	★★	★	★★★	★★★	★★★	★★	★	★★	★★
Independence Care System	★	★★	★★	★★	★★	★	★★	★★	★★	★★
Senior Health Partners A Healthfirst Company	★★	★	★★	★★	★	★	★★	★★	★★	★★
VNSNY CHOICE Managed Long Term Care	★★★	★★★	★★	★	★	★★	★	★★	★★	★★
WellCare Advocate MLTC	★★★	★	★	★★★	★	★★	★	★★	★	★★
Medicaid Advantage Plus (MAP)										
Elderplan, Inc.	★★	★★	N/A	★★	★★★	★★★	★★	N/A	N/A	N/A
Guildnet Gold	★	★★★	★★	★★	★★	★★	★★	★★	★★	★★
HIP MAP-MLTC	★	★★	N/A	★★	★★	★★	★★	N/A	N/A	N/A
Senior Whole Health of New York MAP	★★★	★	★★	★★	★★	★	★★	★★★	★★	★★★
VNSNY CHOICE Total	★★	★★	N/A	★★	★★	★★	★★	N/A	N/A	N/A
Wellcare Advocate Complete	★★	★★	N/A	★★	★★	★★	★★	N/A	N/A	N/A
Program of All-Inclusive Care for the Elderly (PACE)										
ArchCare Senior Life	★★★	★★★	N/A	★	★★	★★	★★★	N/A	N/A	N/A
Centerlight Healthcare PACE	★★★	★★★	★★★	★★	★★★	★★★	★★★	★★★	★★★	★★★

N/A Not able to report performance due to small numbers.

Plan performance data are not available for VillageCareMAX, HIP MLTC, Fidelis Medicaid Advantage Plus, Healthfirst Complete Care, and HealthPlus, an Amerigroup Company MAP.

Ratings are based on a comparison of plan rates to statewide averages. Quality ratings are from information submitted by the Managed Long Term Care Plans. Patient Satisfaction ratings and Advanced Directives are from a Department of Health survey.

The quality of care measures used in this guide represent some, but not all, of the measures from Managed Long Term Care plans. For additional information about individual measures used in each category, as well as other quality of care measures available, such as nursing home utilization, please see the New York State Department of Health website: http://www.health.ny.gov/health_care/managed_care/mltc



Joint Application Design Sessions

- OPWDD leadership has held intensive joint application design (JAD) sessions to explore critical decisions related to implementing managed care.
- JAD sessions focused:
 - Eligibility & Enrollment
 - Communications
 - Certificate of Approval Process
 - Coordinated Assessment System
 - Quality Strategy & Infrastructure
 - Electronic ISP
 - Information Technology



Ongoing Preparation for Managed Care

OPWDD has been:

- Developing plans for pre-enrollment and enrollment communications – mailings, mailing schedules, scripts for phone calls, brochures, etc.
- Hiring a Medical Director
- Examining the possibility of providing support for DISCO start-up costs via a grant program using BIP funds
- Developing an MOU to support the specialized Developmental Disabilities FIDA
- Developing care coordination guidance, person-centered planning training
- Continuing to test the CAS via case study agencies
- Defining quality improvement review processes



Next Steps

- Continued Stakeholder Engagement
- Continue negotiations on rate reform and the People First Waiver
- Continue preparing to implement managed care – identifying the requirements for DISCOs, needed administrative oversight functions within OPWDD
- Continue to advance transformation initiatives and meet CMS Transformation Agreement deadlines