

CR.CRISIS.RESOURCE.GUIDE 4.20

Albany

PROVIDER	RESOURCE	CONTACT
Albany County Mobile Crisis	24hr Crisis Hotline	(518) 549-6500
Albany County Mental Health	COVID-19 Mental Health Support Hotline 8a-8p/daily	(518) 269-6634
Albany County Children's Mental Health Services	24hr Hotline (Child/Adolescent)	(518) 447-4550
Capital District Psychiatric Services	24hr Crisis Hotline	(518) 549-6500
CDPHP	24hr Assistance/Crisis Hotline	1-888-320-9584
CONTACT Lifeline	Emotional Support Hotline	(518) 689-4673
Ellis Medicine	24hr Crisis Hotline	(518) 243-4000
National Alliance on Mental Illness	24hr Support Hotline	Text "NAMI" to 741741 or call 1-800-950-6264
Northern Rivers Behavioral Health Services	24hr Crisis Hotline (Child/Adolscent ONLY)	(518) 292-5499
Samaritan Hospital	Crisis Unit	(518) 271-3540
United Way	24hr Resource Hotline	211

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Columbia

PROVIDER	RESOURCE	CONTACT
Capital District Psychiatric Services	24hr Crisis Hotline	(518) 549-6500
CDPHP	24hr Assistance/Crisis Hotline	1-888-320-9584
Columbia County Mental Health Center	24hr Crisis Hotline	(518) 828-9446
CONTACT Lifeline	Emotional Support Hotline	(518) 689-4673
Mental Health Association of Columbia-Greene County	Emergency Mental Health Services 8a-10p daily	(518) 943-5555
National Alliance on Mental Illness	24hr Support Hotline	Text "NAMI" to 741741 or call 1-800-950-6264
United Way	24hr Resource Hotline	211

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Greene

PROVIDER	RESOURCE	CONTACT
Capital District Psychiatric Services	24hr Crisis Hotline	(518) 549-6500
CDPHP	24hr Assistance/Crisis Hotline	1-888-320-9584
CONTACT Lifeline	Emotional Support Hotline	(518) 689-4673
Greene County Mental Health	After Hours Crisis Line	(518) 622-3344
Mental Health Association of Columbia-Greene County	Emergency Mental Health Services 8a-10p daily	(518) 943-5555
National Alliance on Mental Illness	24hr Support Hotline	Text "NAMI" to 741741 or call 1-800-950-6264
United Way	24hr Resource Hotline	211

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Saratoga

PROVIDER	RESOURCE	CONTACT
Capital District Psychiatric Services	24hr Crisis Hotline	(518) 549-6500
CDPHP	24hr Assistance/Crisis Hotline	1-888-320-9584
CONTACT Lifeline	Emotional Support Hotline	(518) 689-4673
National Alliance on Mental Illness	24hr Support Hotline	Text "NAMI" to 741741 or call 1-800-950-6264
Northern Rivers Behavioral Health Services	24hr Crisis Hotline (Child/Adolscnt ONLY)	(518) 292-5499
United Way	24hr Resource Hotline	211

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Schenectady

PROVIDER	RESOURCE	CONTACT
Capital District Psychiatric Services	24hr Crisis Hotline	(518) 549-6500
CDPHP	24hr Assistance/Crisis Hotline	1-888-320-9584
CONTACT Lifeline	Emotional Support Hotline	(518) 689-4673
Ellis Medicine	24hr Crisis Hotline	(518) 243-4000
National Alliance on Mental Illness	24hr Support Hotline	Text "NAMI" to 741741 or call 1-800-950-6264
Northern Rivers Behavioral Health Services	24hr Crisis Hotline (Child/Adolescent & Adult)	(518) 292-5499
United Way	24hr Resource Hotline	211

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Rensselaer

PROVIDER	RESOURCE	CONTACT
Capital District Psychiatric Services	24hr Crisis Hotline	(518) 549-6500
CDPHP	24hr Assistance/Crisis Hotline	1-888-320-9584
CONTACT Lifeline	Emotional Support Hotline	(518) 689-4673
Mental Health Empowerment Exchange	Peer Support Hotline Mon-Sat 9a-9p / Warmline	(518) 268-1663 / 1-800-643-7462
National Alliance on Mental Illness	24hr Support Hotline	Text "NAMI" to 741741 or call 1-800-950-6264
Northern Rivers Behavioral Health Services	24hr Crisis Hotline (Child/Adolscnt & Adult)	(518) 292-5499
Rensselaer County Department of Mental Health	24hr Hotline	(518) 270-2800
Rensselaer County Recovery Helpline	24hr Hotline	1-833-467-3123
United Way	24hr Resource Hotline	211

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NATIONAL

PROVIDER	RESOURCE	CONTACT
Crisis Text Line	24hr Crisis Line	Text "NAMI" or "HELLO" to 741741
National Suicide Prevention Lifeline	24hr Crisis Line	1-800-273-8255
NYS Office of Mental Health Emotional Support Line	24hr Emotional Support Line	1-844-863-9314
Suicide Prevention	24hr Crisis Line	1-800-273-8255