

2018
Local Services Plan
For Mental Hygiene Services

Orleans County Dept. of Mental Health
October 31, 2017



Office of
Mental Health

Office of Alcoholism and
Substance Abuse Services

Office for People With
Developmental Disabilities

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Mental Hygiene Goals and Objectives Form
 Orleans County Dept. of Mental Health (70250)
 Certified: Mark O'Brien (5/26/17)

1. Overall Needs Assessment by Population (Required)

Please explain why or how the overall needs have changed and the results from those changes.

a) Indicate how the level of unmet **mental health service needs**, in general, has changed over the past year: Improved Stayed the Same Worsened

Please Explain:

Mental Health service needs have largely not changed since last year's report.

b) Indicate how the level of unmet **substance use disorder (SUD) needs**, in general, has changed over the past year: Improved Stayed the Same Worsened

Please Explain:

The Opioid crisis has enveloped the region and made the SUD level of need and acuity much more urgent.

c) Indicate how the level of unmet needs of the **developmentally disabled** population, in general, has changed in the past year: Improved Stayed the Same Worsened

Please Explain:

Developmental disabilities service needs have largely not changed since last year's report. The one area of change is the transformation in the system driven by the Olmstead decision.

2. Goals Based On Local Needs

| Issue Category | Applicable State Agenc(ies) | | |
|--|-------------------------------------|-------------------------------------|-------------------------------------|
| | OASAS | OMH | OPWDD |
| a) Housing | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| b) Transportation | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| c) Crisis Services | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| d) Workforce Recruitment and Retention (service system) | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| e) Employment/ Job Opportunities (clients) | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |
| f) Prevention | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| g) Inpatient Treatment Services | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| h) Recovery and Support Services | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| i) Reducing Stigma | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| j) SUD Outpatient Services | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| k) SUD Residential Treatment Services | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| l) Heroin and Opioid Programs and Services | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| m) Coordination/Integration with Other Systems for SUD clients | <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| n) Mental Health Clinic | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| o) Other Mental Health Outpatient Services (non-clinic) | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| p) Mental Health Care Coordination | <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| q) Developmental Disability Clinical Services | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| r) Developmental Disability Children Services | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| s) Developmental Disability Adult Services | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| t) Developmental Disability Student/Transition Services | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| u) Developmental Disability Respite Services | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| v) Developmental Disability Family Supports | <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |
| w) Developmental Disability Self-Directed Services | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| x) Autism Services | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| y) Developmental Disability Person Centered Planning | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| z) Developmental Disability Residential Services | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| aa) Developmental Disability Front Door | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ab) Developmental Disability Service Coordination | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| ac) Other Need (Specify in Background Information) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

2a. Housing - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Orleans County desires to meet the housing needs for its community members with disabilities.

Objective Statement

Objective 1: Explore and identify options for handicap accessibility in new or existing respite apartments

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Explore new strategies and funding streams to develop housing options for people with disabilities in the community

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Explore and assess non-certified and self-directed housing opportunities for people with disabilities that will more closely mirror housing opportunities for people without disabilities

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4: Arc will explore partnerships and collaborations for developing affordable housing options that will include other populations

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 5: The Arc will promote inclusion of family involvement in the design and implementation of new affordable housing options.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2b. Transportation - Background Information

Do you have a Goal related to addressing this need? Yes No

If "No", Please discuss any challenges that have precluded the development of a goal (e.g. external barriers):

Change Over Past 12 Months (Optional)

2c. Crisis Services - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

To effectively meet the treatment needs of Orleans County residents in partnership with identified community agencies.

Objective Statement

Objective 1: Explore options for crisis intervention teams for intervening with youth during the weekday hours (9-5, M-F) by working with the leadership of the WNYCPC – MIT (Mobile Integration Team).

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Continue to develop and implement a marketing strategy to promote Care & Crisis Helpline services and resources.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Develop and implement a strategy for warm line utilization provided by the Mental Health Association of Genesee and Orleans Counties (MHAGO) and promote warm line networking with the Care & Crisis Helpline.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4: Development and training of protocols for Dispatchers and working to increase the utilization of trained CIT (Crisis Intervention Team) officers and mobile mental health teams.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 5: The Department will continue to assist and support the development and implementation of Crisis Intervention Teams for law enforcement in the county.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

The county has seen the graduation and deployment of the first class of trained CIT officers for an interagency CIT team in the county.

2d. Workforce Recruitment and Retention (service system) - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

The ARC of Genesee Orleans desires to offer a comprehensive array of services to individuals with developmental disabilities and their families.

Objective Statement

Objective 1: The Arc of Genesee Orleans will improve the recruitment and retention of direct support professionals by collaborating with other providers, the NYSARC, the Finger Lakes Collaborative, DDAWNY, colleges and job placement organizations

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2e. Employment/ Job Opportunities (clients) - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

The County desires to develop additional job opportunities for individuals with mental illness and/or developmental disabilities in the county.

Objective Statement

Objective 1: The Arc will develop a roster of alternative employment and training resources for eligible individuals through Peer Bridger services. The Arc will work with ACCESS-VR as well as clinic therapists and care managers to promote intake and follow-through for employment training and opportunities

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Arc of Genesee Orleans, will work to develop new job placements and prevocational training opportunities for community integration. This will include: 1. The Arc of Genesee Orleans will work towards developing three (3) new job placement sites, individual and/or enclave sites. 2. The Arc will seek to develop three new evaluation sites for Pathways to Employment. 3. The Arc will develop a capability to transition from a sheltered workshop to community employment opportunities.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: The Arc of Genesee Orleans will look to expand opportunities for collaborative vocational programming with the Mental Health Association of Genesee and Orleans Counties

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

The MHA has opened a new center and a retail commissary in Orleans that will be accessible for collaboration with the ARC of Orleans.

2f. Prevention - Background Information

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Objective Statement

Change Over Past 12 Months (Optional)

2h. Recovery and Support Services - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

To reduce the incidence of alcohol and substance abuse in the county by providing recovery-focused supports to individuals with SUD difficulties.

Objective Statement

Objective 1: GCASA will develop and implement recovery coaching in the county by providing training and support to volunteer chaplains who are willing and able to become recovery coaches

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: GCASA will develop and implement peer recovery coaching in the county by providing training and support to individuals in recovery who are willing and able to become peer mentors

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2i. Reducing Stigma - Background Information

Do you have a Goal related to addressing this need? Yes No

If "No", Please discuss any challenges that have precluded the development of a goal (e.g. external barriers):

Change Over Past 12 Months (Optional)

2j. SUD Outpatient Services - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

To reduce the incidence of alcohol and substance abuse in the county by increasing the availability and use of evidence-based Medication Assisted Therapy (MAT) services to include all patients with alcohol dependence and opido dependence diagnoses.

Objective Statement

Objective 1: The County contract agency, GCASA, will expand from its offerings of medications to include Vivitrol, Naltraxone and Suboxone. GCASA will expand programming to include education to all patients who present as benefiting from MAT.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: To make available the use of Narcan kits to first responders, treatment staff and family members of opiate-addicted residents.. GCASA will offer trainings to first responders, law enforcement, clinical staff, family members and interested community members.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Increase the number of Suboxone prescribers in the county through networking, outreach and encouraging providers to complete the NYS trainings in the provision of Suboxone

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4: GCASA will increase engagement into services for the Spanish speaking population by developing and implementing interpreter options (such as Language Line and/or contracted face to face interpreters).

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 5: Establish a substance use disorder (SUD) satellite clinic operated by GCASA at the Orleans County Department of Mental Health site. Establish protocols, processes and mechanisms for service integration of mental health and chemical dependency sites.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2k. SUD Residential Treatment Services - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

To reduce the incidence of alcohol and substance abuse in the county by providing recovery-focused supports to individuals with SUD difficulties.

Objective Statement

Objective 1: GCASA will seek to establish permanent supportive housing apartments for families in recovery, targeting the development of five new units in 2018 by applying for funding through HHAP and ESHI.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: GCASA will seek to develop a 25 bed community residence in Orleans County to serve females from Genesee, Orleans & Wyoming Counties who are in recovery.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2l. Heroin and Opioid Programs and Services - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Reduce recidivism in the criminal justice system due to criminal activity related to substance abuse/dependency by providing effective chemical dependency education and treatment linkages at the jail.

Objective Statement

Objective 1: GCASA will provide 8 weeks of group substance abuse education to inmates to encourage and enhance their entry into post-release treatment

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: GCASA will collect & analyze data on the prevalence of SUD's for incarcerated Orleans County residents

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2m. Coordination/Integration with Other Systems for SUD clients - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

To reduce the incidence of alcohol and substance abuse in the county by providing a coordinated system of community-based recovery-focused supports to individuals with SUD difficulties.

Objective Statement

Objective 1: GCASA will present on MAT to four key constituencies, such as Health Department, Mental Health, jail staff and Sheriff’s Department.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: GCASA will complete assessments and make referrals for inmates, as appropriate, seeking access to an inpatient level of SUD (Substance Use Disorder) treatment post-release

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: GCASA will develop and implement post-release linkage mechanisms for services for sentenced inmates that improve engagement in treatment. GCASA will develop a peer support mechanism for inmates with SUD difficulties who are transitioning back into the community

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4: The Orleans County Volunteer Chaplains group and the Orleans County Sheriff will initiate an outreach and educational initiative to all Orleans County communities of faith to inform families and consumers of treatment options in the county.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 5: The Orleans County Volunteer Chaplains group will develop and implement a chaplains’ outreach program in conjunction with the Orleans County Sheriff’s Department to connect with individuals with addictions in the jail and the community.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2n. Mental Health Clinic - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

To effectively meet the mental health treatment needs of Orleans County residents in partnership with identified community agencies.

Objective Statement

Objective 1: Integrate the utilization of evidence-based suicide ratings scales (such as the Columbia Suicide Severity Rating Scale: CSSRS) into operations and the electronic health record in the clinic, including at time of intake as well as for COPS appointments and ongoing treatment.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: The clinic will incorporate evidence-based SUD (Substance Use Disorder) screening tools (such as CAGE-AID, AUDIT-C) as well as tobacco-use screening tools into clinical practice

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Establish protocols, processes and mechanisms for service integration at primary care sites and behavioral health (mental health and chemical dependency) sites.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4: Establish behavioral health satellite clinics at Oak Orchard and Orleans Community Health sites.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 5: Establish a mental health satellite clinic operated by the Orleans County Department of Mental Health at the GCASA Albion site. Establish protocols, processes and mechanisms for service integration of mental health and chemical dependency sites.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2o. Other Mental Health Outpatient Services (non-clinic) - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

To effectively meet the mental health treatment needs of Orleans County residents in partnership with identified community agencies.

Objective Statement

Objective 1: Continue to assess community needs for additional services and programs. Partner with the Suicide Coalition of Orleans County, MHAGO (Mental Health Association of Genesee and Orleans Counties), GCASA, NAMI (Rochester) and the schools to do peer-run groups, informational panels, and

school/community forums to include such topics as depression, trauma and support for survivors of suicide.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: Explore the development and implementation of outreach utilizing peer recovery services.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: The Department will continue coordinated efforts to reduce the involvement of individuals with mental illness with the judicial system by developing and implementing a community-wide jail diversion and reintegration program.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2p. Mental Health Care Coordination - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

To effectively meet the mental health treatment needs of Orleans County residents in partnership with identified community agencies.

Objective Statement

Objective 1: 1. The Department will enhance services to incarcerated individuals in the Orleans County jail by developing and implementing coordinated care management linkage procedures to augment enhanced mental health services in the jail.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2u. Developmental Disability Respite Services - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Orleans County desires to offer a wider variety of overnight and day respite services for families that include recipients of OPWDD services.

Objective Statement

Objective 1: The Arc of Genesee Orleans will also research with OPWDD overnight respite funding opportunities with the goal of increasing the options for respite in the county and will target implementing an overnight respite bed during this period.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

2v. Developmental Disability Family Supports - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Maximum 5 Objectives per goal)? Yes No

Individuals and families with developmental disabilities will be prepared for enrollment in managed care.

Objective Statement

Objective 1: The Arc of Genesee Orleans will prepare families/individuals with developmental disabilities for a managed care environment. The Arc of Genesee Orleans will develop systems and mechanisms to educate families. The Arc of Genesee Orleans will educate families on system changes as they arise.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

3. Goals Based On State Initiatives

| State Initiative | Applicable State Agenc(ies) | | |
|---|-----------------------------|--------------------------|--------------------------|
| | OASAS | OMH | OPWDD |
| a) Medicaid Redesign | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b) Delivery System Reform Incentive Payment (DSRIP) Program | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c) Regional Planning Consortiums (RPCs) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| d) NYS Department of Health Prevention Agenda | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

4. Other Goals (Optional)

Other Goals - Background Information

See attached.

Do you have a Goal related to addressing this need? Yes No

Goal Statement- Is this Goal a priority goal (Only 5 goals can be selected as priority goals)? Yes No

Help reduce the incidence of suicide and suicide attempts in Orleans County by educating the community about suicide, the prevention of suicide,resources available and to support survivors of suicide loss.

Objective Statement

Objective 1: Increase awareness and knowledge among the target audience of warning signs, risk factors, and the interventions to prevent suicide by providing trainings to key constituencies in Safetalk and recognition of the warning signs of suicide, via the Suicide Prevention Coalition and/or the Department. Develop a postvention strategy that includes input and involvement of local survivors of suicide.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 2: The Suicide Prevention Coalition will develop and implement presentations and support resources for survivors of suicide. This will include a community-wide summit and a number of smaller, targeted presentations

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 3: Foster the development and work of the Orleans County Suicide Prevention Coalition by developing and implementing strategies to increase membership in the Coalition.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Objective 4: Develop and implement increased support resources for youth for suicide prevention via presentations, support groups, peer resources and social media. Incorporate SafeTalk as applicable.

Applicable State Agency: (check all that apply): OASAS OMH OPWDD

Change Over Past 12 Months (Optional)

| Attachments |
|--|
| <ul style="list-style-type: none">• 2018 Annual Plan Goals - new format.docx - 2017-2018 Annual Goals & Objectives |

Office of Mental Health Agency Planning Survey
Orleans County Dept. of Mental Health (70250)
Certified: Mark O'Brien (5/26/17)

Consult the LSP Guidelines for additional guidance on completing this exercise.

1. For Criminal Procedure Law 730 Chargeback Budgeting: Please indicate the department within your county that is responsible for budgeting CPL 730 restoration chargebacks.

- Mental hygiene/community services
- Sheriff/county law enforcement
- Other

If "other" please indicate how these charges are budgeted

Questions regarding the above survey item should be directed to Hank Hren at hank.hren@omh.ny.gov or 518-474-2962.

2. For Local Administration of the Assisted Outpatient Treatment Program:

- a) Please describe the system used in your locality to ensure that petitions are filed for individuals requiring Assisted Outpatient Treatment. Petitions are filed by the State prison located in this county and sent to the court. The person is returned to the county of origin upon release from prison. AOT petitions are also filed by the Rochester Psych Center for discharged patients if appropriate. For community-based individuals, the county works with the individual and the involved providers through the county's AOT Coordinator to file or follow up on petitions.
- b) Please describe the system used in your locality to ensure that such individuals requiring Assisted Outpatient Treatment receive the services included in the AOT treatment plan.

The county AOT Coordinator oversees the provision of services to any persons on an AOT. Referrals are made for care management and the care manager's caseload is decreased when they are servicing an AOT client on a weekly basis.

- c) Please list the Care Management Programs your Single Point of Access (SPOA) uses to assign AOT referrals.

Our Spoa uses the Orleans County Department of Mental Health Care Management Dept.

Questions regarding this survey item should be directed to Rebecca Briney at Rebecca.Briney@omh.ny.gov or 518-402-4233.

Thank you for participating in the 2018 Mental Hygiene Local Services Planning Process by completing this survey. Any technical questions regarding the online County Planning System, please contact the OASAS Planning Unit at 518-457-5989 or by email at oasasplanning@oasas.ny.gov

Community Service Board Roster
 Orleans County Dept. of Mental Health (70250)
 Certified: Mark O'Brien (5/1/17)

Consult the LSP Guidelines for additional guidance on completing this exercise.

Note: There must be 15 board members (counties under 100,000 population may opt for a 9-member board). Indicate if member is a licensed physician or certified psychologist. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representative", etc. to indicate the particular community interest being represented. Members shall serve four-year staggered terms.

| | | | |
|---------------------|---|---------------------|---|
| Chairperson | | Member | |
| Name | Jan Albanese | Name | Carol D'Agostino |
| Physician | No | Physician | No |
| Psychologist | No | Psychologist | No |
| Represents | Community Action of Orleans and Genesee | Represents | Kendall Central School District |
| Term Expires | 4/30/2018 | Term Expires | 4/30/2018 |
| eMail | jalbanese@caoginc.org | eMail | cdagostino@kendallschools.org |
| | | | |
| Member | | Member | |
| Name | Brenda Bierdeman | Name | Donald Snyder |
| Physician | No | Physician | No |
| Psychologist | Yes | Psychologist | No |
| Term Expires | 3/25/2019 | Represents | clergy |
| eMail | drbrendasoffice@verizon.net | Term Expires | 5/28/2020 |
| | | eMail | chpdon@gmail.com |
| | | | |
| Member | | Member | |
| Name | Ken DeRoller | Name | Bonnie Malakie |
| Physician | No | Physician | No |
| Psychologist | No | Psychologist | No |
| Represents | Orleans County Legislature | Represents | Community Action of Orleans and Genesee |
| Term Expires | 12/31/2018 | Term Expires | 5/30/2021 |
| eMail | Ken.DeRoller@orleanscountyny.gov | eMail | bmalakie@caoginc.org |
| | | | |
| Member | | Member | |
| Name | Donald Allport | Name | Jeannette Riley |
| Physician | No | Physician | No |
| Psychologist | No | Psychologist | No |
| Term Expires | 5/28/2020 | Represents | Community |
| eMail | Donald.Allport@orleanscountyny.gov | Term Expires | 2/22/2021 |
| | | eMail | beanie.riley@gmail.com |

Alcoholism and Substance Abuse Subcommittee Roster
 Orleans County Dept. of Mental Health (70250)
 Certified: Mark O'Brien (5/1/17)

Consult the LSP Guidelines for additional guidance on completing this exercise.

Note: The subcommittee shall have no more than nine members. Three subcommittee members must be members of the board; those members should be identified here. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representative", etc. to indicate the perspective the member brings to the subcommittee.

Chairperson

Name Jan Albanese
Represents Community Action of Orleans & Genesee
eMail jalbanese@caoginc.org
Is CSB Member Yes

Member

Name Donald Allport
Represents Legislature
eMail Donald.Allport@orleanscountyny.gov
Is CSB Member Yes

Member

Name Ken DeRoller
Represents Legislature
eMail Ken.DeRoller@orleanscountyny.gov
Is CSB Member Yes

Member

Name Donald Snyder
Represents Clergy
eMail chpdon@gmail.com
Is CSB Member Yes

Member

Name Jeannette Riley
Represents Community
eMail beanie.riley@gmail.com
Is CSB Member Yes

Member

Name Mark O'Brien
Represents Orleans County Mental Health
eMail Mark.O'Brien@orleanscountyny.gov
Is CSB Member No

Member

Name Danielle Figura
Represents Orleans County Mental Health
eMail Danielle.Figura@orleanscountyny.gov
Is CSB Member No

Member

Name Diana Fox
Represents Orleans County Mental Health
eMail Diana.Fox@orleanscountyny.gov
Is CSB Member No

Member

Name Lynn Fearby
Represents Orleans County Mental Health
eMail Lynn.Fearby@orleanscountyny.gov
Is CSB Member No

Member

Name Nora Sheehan
Represents Orleans County Mental Health
eMail Nora.Sheehan@orleanscountyny.gov
Is CSB Member No

Member

Name John Bennett
Represents Genesee/Orleans Council on Alcoholism & Substance Abuse
eMail jrbennett@gcasa.org
Is CSB Member No

Member

Name Kathy Hodgins
Represents Genesee/Orleans Council on Alcoholism & Substance Abuse
eMail khodgins@gcasa.org
Is CSB Member No

Member

Name Sue Gagne
Represents GLOW Dual Recovery Coordinator
eMail sgagne@wyoamingco.net
Is CSB Member No

Mental Health Subcommittee Roster
 Orleans County Dept. of Mental Health (70250)
 Certified: Mark O'Brien (5/1/17)

Consult the LSP Guidelines for additional guidance on completing this exercise.

Note: The subcommittee shall have no more than eleven members. Three subcommittee members must be members of the board; those members should be identified here. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representative", etc. to indicate the perspective the member brings to the subcommittee.

Chairperson

Name Bonnie Malakie
Represents Community Action of Orleans and Genesee
eMail bmalakie@caoginc.org
Is CSB Member Yes

Member

Name Brenda Bierdeman, Psy.D.
Represents Private Practice
eMail drbrendasoffice@verizon.net
Is CSB Member Yes

Member

Name Carol D'Agostino
Represents Kendall Central Schools
eMail cdagostino@kendallschools.org
Is CSB Member Yes

Member

Name Jan Albanese
Represents Community Action of Orleans and Genesee
eMail jalbanese@caoginc.com
Is CSB Member Yes

Member

Name Marilyn Thurston
Represents Peer
eMail ruth43m@verizon.net
Is CSB Member No

Member

Name Mark O'Brien
Represents Orleans County Mental Health
eMail Mark.O'Brien@orleanscountyny.gov
Is CSB Member No

Member

Name Danielle Figura
Represents Orleans County Mental Health
eMail Danielle.Figura@orleanscountyny.gov
Is CSB Member No

Member

Name Lynn Fearby
Represents Orleans County Mental Health
eMail Lynn.Fearby@orleanscountyny.gov
Is CSB Member No

Member

Name Nora Sheehan
Represents Orleans County Mental Health
eMail Nora.Sheehan@orleanscountyny.gov
Is CSB Member No

Member

Name Chris Jaimes
Represents Spectrum Human Services MIT Team
eMail jaimesc@shswny.org
Is CSB Member No

Member

Name Sue Gagne
Represents GLOW Dual Recovery Coordinator
eMail sgagne@wyomingco.net
Is CSB Member No

Member

Name Loral Prentice
Represents Hillside Children's Center
eMail lprentic@hillside.com
Is CSB Member No

Member

Name Melissa Cotter
Represents Arc of Genesee Orleans
eMail mcotter@arcoforleans.org
Is CSB Member No

Member

Name Jeanne Walton
Represents YWCA of Genesee County Care & Crisis Helpline
eMail jwalton@ywcagenesee.org
Is CSB Member No

Member

Name Thomas Christensen
Represents MHA of Genesee & Orleans Counties
eMail tchristensen@mhago.org
Is CSB Member No

Member

Name Michelle Sformo
Represents MHA of Genesee & Orleans Counties
eMail msformo@mhago.org
Is CSB Member No

Member

Name Michelle McCoy
Represents Living Opportunities of DePaul

eMail

mmcoy@depaul.org

Is CSB Member

No

Developmental Disabilities Subcommittee Roster
 Orleans County Dept. of Mental Health (70250)
 Certified: Mark O'Brien (5/1/17)

Consult the LSP Guidelines for additional guidance on completing this exercise.

Note: The subcommittee shall have no more than nine members. Three subcommittee members must be members of the board; those members should be identified here. Under item labeled "Represents", enter the name of the member's organization or enter "Consumer", "Family", "Public Representative", etc. to indicate the perspective the member brings to the subcommittee.

Chairperson

Name Donald Allport
Represents Legislature
eMail Donald.Allport@orleanscountyny.gov
Is CSB Member Yes

Member

Name Jan Albanese
Represents Community Action of Orleans and Genesee
eMail jalbanese@caoginc.org
Is CSB Member Yes

Member

Name Cindy Dowdall
Represents Peer
eMail
Is CSB Member No

Member

Name Mark O'Brien
Represents Orleans County Mental Health
eMail Mark.O'Brien@orleanscountyny.gov
Is CSB Member No

Member

Name Danielle Figura
Represents Orleans County Mental Health
eMail Danielle.Figura@orleanscountyny.gov
Is CSB Member No

Member

Name Lynn Fearby
Represents Orleans County Mental Health
eMail Lynn.Fearby@orleanscountyny.gov
Is CSB Member No

Member

Name Nora Sheehan
Represents Orleans County Mental Health
eMail Nora.Sheehan@orleanscountyny.gov
Is CSB Member No

Member

Name Donna Saskowski
Represents Arc of Genesee Orleans
eMail DSaskowski@GeneseeARC.org
Is CSB Member No

Member

Name Darlene Hines-Williams
Represents WNYDDSO
eMail Darlene.Hineswilliams@opwdd.ny.gov
Is CSB Member No

Member

Name Pattie Kepner
Represents Arc of Genesee Orleans
eMail pKepner@GeneseeARC.org
Is CSB Member No

2017 Mental Hygiene Local Planning Assurance
Orleans County Dept. of Mental Health (70250)
Certified: Mark O'Brien (5/26/17)

Consult the LSP Guidelines for additional guidance on completing this exercise.

Pursuant to Article 41 of the Mental Hygiene Law, we assure and certify that:

Representatives of facilities of the offices of the department; directors of district developmental services offices; directors of hospital-based mental health services; directors of community mental health centers, voluntary agencies; persons and families who receive services and advocates; other providers of services have been formally invited to participate in, and provide information for, the local planning process relative to the development of the Local Services Plan;

The Community Services Board and the Subcommittees for Alcoholism and Substance Abuse, Mental Health, and Developmental Disabilities have provided advice to the Director of Community Services and have participated in the development of the Local Services Plan. The full Board and the Subcommittees have had an opportunity to review and comment on the contents of the plan and have received the completed document. Any disputes which may have arisen, as part of the local planning process regarding elements of the plan, have been or will be addressed in accordance with procedures outlined in Mental Hygiene Law Section 41.16(c);

The Community Services Board and the Subcommittees for Alcoholism and Substance Abuse, Mental Health, and Developmental Disabilities meet regularly during the year, and the Board has established bylaws for its operation, has defined the number of officers and members that will comprise a quorum, and has membership which is broadly representative of the age, sex, race, and other ethnic characteristics of the area served. The Board has established procedures to ensure that all meetings are conducted in accordance with the Open Meetings Law, which requires that meetings of public bodies be open to the general public, that advance public notice of meetings be given, and that minutes be taken of all meetings and be available to the public.

OASAS, OMH and OPWDD accept the certified 2018 Local Services Planning Assurance form in the Online County Planning System as the official LGU assurance that the above conditions have been met for the 2018 Local Services planning process.

2017-2018 Mental Hygiene Annual Goals and Objectives

Housing

- a. Goal: Orleans County desires to meet housing needs for its community members with disabilities.
 - 1. Explore and identify options for handicap accessibility in new or existing respite apartments
 - 2. The Arc of Genesee Orleans will explore new strategies and funding streams to develop housing options for people with disabilities in the community. This will include: 1. The Arc will explore and assess non-certified and self-directed housing opportunities for people with disabilities that will more closely mirror housing opportunities for people without disabilities. 2. The Arc will explore partnerships and collaborations for developing affordable housing options that will include other populations. 3. The Arc will promote inclusion of family involvement in the design and implementation of new affordable housing options.

- b.

Crisis Services

- c. Goal: To effectively meet the mental health treatment needs of Orleans County residents in partnership with the identified community agencies.
 - 1. Explore options for crisis intervention teams for intervening with youth during the weekday hours (9-5, M-F) by working with the leadership of the WNYCPC – MIT (Mobile Integration Team).
 - 2. Continue to develop and implement a marketing strategy to promote Care & Crisis Helpline services and resources.
 - 3. Develop and implement a strategy for warm line utilization provided by the Mental Health Association of Genesee and Orleans Counties (MHAGO) and promote warm line networking with the Care & Crisis Helpline.
 - 4. The County will work with the Sheriffs' Department, OMH, Care & Crisis Helpline and the mobile mental health team providers to improve crisis response for emergency calls related to behavioral health emergencies. This will be accomplished by assisting in the development and training of protocols for Dispatchers and working to increase the utilization of trained CIT (Crisis Intervention Team) officers and mobile mental health teams.
 - 5. The Department will continue to assist and support the development and implementation of Crisis Intervention Teams for law enforcement in the county.

Workforce Recruitment and Retention (service system)

- d. Goal: Providing adequate and accessible developmental disabilities services in Orleans County continues to be a challenge for those serving people with developmental disabilities. The Arc of Genesee Orleans desires to continue to offer a comprehensive array of services for OPWDD recipients and their families.

1. The Arc of Genesee Orleans will improve the recruitment and retention of direct support professionals by collaborating with other providers, the NYSARC, the Finger Lakes Collaborative, DDAWNY, colleges and job placement organizations.

Employment / Job Opportunities (clients)

- e. Goal: The County desires to continue providing vocational services to adults with mental health and developmental disabilities residing in Orleans County. The County desires to continue to develop additional job opportunities for the mentally ill and the developmentally disabled within the community.
 1. The Arc of Orleans County will investigate and delineate opportunities to train and support individuals with mental health issues in employment throughout the Orleans County community. The Arc will develop a roster of alternative employment and training resources for eligible individuals through Peer Bridger services. The Arc will work with ACCESS-VR as well as clinic therapists and care managers to promote intake and follow-through for employment training and opportunities.
 2. The contract agency, Arc of Genesee Orleans, will work to develop new job placements and prevocational training opportunities for community integration. This will include:
 1. The Arc of Genesee Orleans will work towards developing three (3) new job placement sites, individual and/or enclave sites.
 2. The Arc will seek to develop three new evaluation sites for Pathways to Employment.
 3. The Arc will develop a capability to transition from a sheltered workshop to community employment opportunities.
 3. The Arc of Genesee Orleans will provide vocational services such as community prevocational and vocational evaluation services to adults with developmental disabilities residing in Orleans County. The Arc of Genesee Orleans will look to expand opportunities for collaborative vocational programming with the Mental Health Association of Genesee and Orleans Counties.
- f.
- g.

Recovery and Support Services

- h. Goal: To reduce the incidence of alcohol and substance abuse in the County by providing recovery-focused supports to individuals with SUD difficulties.
 1. GCASA will develop and implement recovery coaching in the county by providing training and support to volunteer chaplains who are willing and able to become recovery coaches.
 2. GCASA will develop and implement peer recovery coaching in the county by providing training and support to individuals in recovery who are willing and able to become peer mentors.
- i.

SUD Outpatient Services

- j. Goal: To reduce the incidence of alcohol and substance abuse in the County by increasing the availability and use of evidence-based Medication Assisted Therapy (MAT) services to include all patients with Alcohol dependence and Opiate dependence diagnoses.

1. The County contract agency, GCASA, will expand from its offerings of medications to include Vivitrol, Naltraxone and Suboxone. GCASA will expand programming to include education to all patients who present as benefiting from MAT.
2. To make available the use of Narcan kits to first responders, treatment staff and family members of opiate-addicted residents. Due to an increase in Opioid-related accidental overdose deaths, there is a need in Orleans County to increase the amount of individuals trained to administer Narcan. GCASA will offer trainings to first responders, law enforcement, clinical staff, family members and interested community members.
3. Increase the number of Suboxone prescribers in the county through networking, outreach and encouraging providers to complete the NYS trainings in the provision of Suboxone.
4. GCASA will increase engagement into services for the Spanish speaking population by developing and implementing interpreter options (such as Language Line and/or contracted face to face interpreters).
5. Establish a substance use disorder (SUD) satellite clinic operated by GCASA at the Orleans County Department of Mental Health site. Establish protocols, processes and mechanisms for service integration of mental health and chemical dependency sites.

SUD Residential Treatment Services

- k. Goal: To reduce the incidence of alcohol and substance abuse in the County by providing recovery-focused supports to individuals with SUD difficulties
 1. GCASA will seek to establish permanent supportive housing apartments for families in recovery, targeting the development of five new units in 2018 by applying for funding through HHAP and ESHI.
 2. GCASA will seek to develop a 25 bed community residence in Orleans County to serve females from Genesee, Orleans & Wyoming Counties who are in recovery.

Heroin and Opioid Programs and Services

- l. Goal: Reduce recidivism in the criminal justice system due to criminal activity related to substance abuse/dependency by providing effective chemical dependency education and treatment linkages at the jail.
 1. GCASA will continue to provide 8 weeks of group substance abuse education to inmates to encourage and enhance their entry into post-release treatment.
 2. GCASA will collect & analyze data on the prevalence of SUD's for incarcerated Orleans County residents.

Coordination / Integration with Other Systems for SUD clients

- m. Goal: To reduce the incidence of alcohol and substance abuse in the County by providing a coordinated system of community-based recovery-focused supports to individuals with SUD difficulties
 1. GCASA will present on MAT to four key constituencies, such as Health Department, Mental Health, jail staff and Sheriff's Department.
 2. GCASA will complete assessments and make referrals for inmates, as appropriate, seeking access to an inpatient level of SUD (Substance Use Disorder) treatment post-release.
 3. GCASA will develop and implement post-release linkage mechanisms for services for sentenced inmates that improve engagement in treatment. GCASA will develop a peer

support mechanism for inmates with SUD difficulties who are transitioning back into the community.

4. The Orleans County Volunteer Chaplains group and the Orleans County Sheriff will initiate an outreach and educational initiative to all Orleans County communities of faith to inform families and consumers of treatment options in the county.
5. The Orleans County Volunteer Chaplains group will develop and implement a chaplains' outreach program in conjunction with the Orleans County Sheriff's Department to connect with individuals with addictions in the jail and the community.

Mental Health Clinic

- n. Goal: To effectively meet the mental health treatment needs of Orleans County residents in partnership with the identified community agencies.
 1. Integrate the utilization of evidence-based suicide ratings scales (such as the Columbia Suicide Severity Rating Scale: CSSRS) into operations and the electronic health record in the clinic, including at time of intake as well as for COPS appointments and ongoing treatment.
 2. Clinic staff will participate in clinical trainings in the areas of diagnosis and treatment of substance abuse disorders, using the Fully Integrated Treatment model, with a target of 100% of the staff trained in this area by 2018.
 3. The clinic will incorporate evidence-based SUD (Substance Use Disorder) screening tools (such as CAGE-AID, AUDIT-C) as well as tobacco-use screening tools into clinical practice.
 4. The clinic will incorporate evidence-based smoking cessation tools, including those that evaluate tobacco use in the home into clinical practice. The clinic will partner with GCASA and Tobacco-Free NY to provide training.
 5. To become more community-based and accessible by establishing satellite mental health clinics in alternative settings throughout the county.
 6. Evaluate the operational effectiveness of the school-based satellites to improve accessibility and performance by developing performance measures in conjunction with the host school districts.
 7. The Department will present information to key stakeholder groups and the public on the availability and accessibility of local mental health services and resources. The Department will promote open access and develop/ implement increased group services in the mental health clinic.
 8. Establish protocols, processes and mechanisms for service integration at primary care sites and behavioral health (mental health and chemical dependency) sites.
 9. Establish behavioral health satellite clinics at Oak Orchard and Orleans Community Health sites.
 10. Establish a primary care satellite clinic operated by Oak Orchard at the Orleans County Department of Mental Health site. Establish protocols, processes and mechanisms for service integration of mental health and primary care services.
 11. Establish a mental health satellite clinic operated by the Orleans County Department of Mental Health at the GCASA Albion site. Establish protocols, processes and mechanisms for service integration of mental health and chemical dependency sites.

Other Mental Health Outpatient Services (non-clinic)

- o. Goal: To effectively meet the mental health treatment needs of Orleans County residents in partnership with the identified community agencies.
 - 1. Continue to assess community needs for additional services and programs. Partner with the Suicide Coalition of Orleans County, MHAGO (Mental Health Association of Genesee and Orleans Counties), GCASA, NAMI (Rochester) and the schools to do peer-run groups, informational panels, and school/community forums to include such topics as depression, trauma and support for survivors of suicide.
 - 2. Explore the development and implementation of outreach utilizing peer recovery services.
 - 3. The Department will continue coordinated efforts to reduce the involvement of individuals with mental illness with the judicial system by developing and implementing a community-wide jail diversion and reintegration program.

Mental Health Care Coordination

- p. Goal: To effectively meet the mental health treatment needs of Orleans County residents in partnership with the identified community agencies.
 - 1. The Department will enhance services to incarcerated individuals in the Orleans County jail by developing and implementing coordinated care management linkage procedures to augment enhanced mental health services in the jail.

Developmental Disability Respite Services

- u. Goal: Adequate and accessible respite services in Orleans County continue to be a struggle for people with developmental disabilities. Orleans County desires to offer a wider variety of overnight and day respite services for families that include OPWDD recipients.
 - 1. The contract agency will work with families to recruit potential respite providers and increase opportunities for self-directed respite in the community. The Arc of Genesee Orleans will also research with OPWDD overnight respite funding opportunities with the goal of increasing the options for respite in the county and will target implementing an overnight respite bed during this period.

Developmental Disability Family Supports

- v. Goal: Individuals and families with developmental disabilities will be prepared for enrollment in managed care.
 - 1. The Arc of Genesee Orleans will prepare families/individuals with developmental disabilities for a managed care environment. The Arc of Genesee Orleans will develop systems and mechanisms to educate families. The Arc of Genesee Orleans will educate families on system changes as they arise.

Other Needs: Suicide Prevention and Intervention

- ac. Goal: Help reduce the incidence of suicide in Orleans County by educating the community about suicide, the prevention of suicide, resources available and to support survivors of a suicide loss.
 - 1. Increase awareness and knowledge among the target audience of warning signs, risk factors, and the interventions to prevent suicide by providing trainings to key constituencies in Safetalk and recognition of the warning signs of suicide, via the Suicide Prevention Coalition and/or the Department. Develop a postvention strategy that includes input and involvement of local survivors of suicide.

2. The Suicide Prevention Coalition will develop and implement presentations and support resources for survivors of suicide. This will include a community-wide summit and a number of smaller, targeted presentations.
3. Foster the development and work of the Orleans County Suicide Prevention Coalition by developing and implementing strategies to increase membership in the Coalition.
4. Develop and implement increased support resources for youth for suicide prevention via presentations, support groups, peer resources and social media. Incorporate SafeTalk as applicable.

Other Needs: Gambling Prevention

- ac. Goal: To reduce the incidence of problem gambling in the County by increasing community awareness and utilization of Gambling Treatment Services
1. GCASA, will track, through its outpatient program, all screens for problem gambling and offer education and treatment to all patients in the core group receiving a positive screen.

Other Needs: Tobacco Use Prevention and Intervention

- ac. Goal: To reduce the incidence and prevalence of nicotine addiction among the youth populations within Orleans County.
1. Reduce the incidence and prevalence of nicotine addiction among the youth population within Orleans County including the use of e-cigarettes and vapors by providing a minimum of five educational presentations to the youth population in Orleans County.
 2. To reduce the incidence and prevalence of nicotine addiction among the substance abuse patients of GCASA in Orleans County by providing an educational presentation on Nicotine addiction in the first eight weeks of their treatment.